

sky

DELTA

AUGUST 2019

KENYA'S TIMELESS ALLURE

TRAVELS WITH **GEORGE TAKEI**

PANAMA CITY, LOOKING GOOD AT 500

1 CITY 5 WAYS: **DUBLIN**

BRANDS TAKE ON HOSPITALITY



THE FANTASTIC

MR. BLOOM

Orlando Bloom has battled orcs in *Lord of the Rings*, fought buccaneers in *Pirates of the Caribbean* and now, in Amazon's *Carnival Row*, plays a detective living among mythical creatures.

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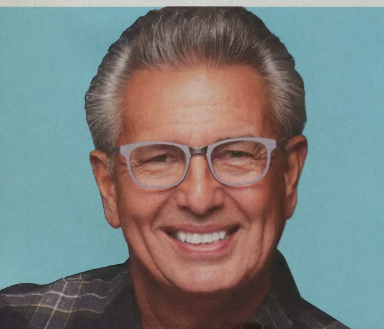
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ORLANDO BLOOM

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Following a baby elephant on horseback at Borana Lodge in northern Kenya.



MAX MELESIO BORANA LODGE

A woman with voluminous, curly hair in shades of brown and red is the central figure. She wears rectangular, reddish-brown glasses and a dark turtleneck sweater with grey sleeves. The background is a soft-focus desert landscape with mountains and palm trees under a warm, hazy sky.

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WELCOME

A GLOBAL STRATEGY

Delta is aiming to be the No. 1 airline for connecting people around the world.

AS I WRITE this, I'm on a Delta flight from Seoul, South Korea, to Atlanta. When I boarded, it struck me that not too long ago, this route would not have been economically viable for Delta. But today, thanks to a combination of new aircraft technology, strong international partnerships and the best airline professionals in the business, we can connect global centers like Atlanta and Seoul, providing convenient non-stop or one-stop service to countless customers on both sides of the Pacific. Our vision of building a truly global airline with a best-in-class customer experience is fast becoming a reality.

In 2019 alone, we plan to launch new or expanded service in cities as diverse as Seoul; Osaka, Japan; Mexico City; Edinburgh, Scotland; Lisbon, Portugal; Paris; Tel Aviv, Israel; Mumbai, India; and Amsterdam. That's about 17 percent more international flights than we operated five years ago. Looking ahead, we see even more growth, with additional Shanghai service and a proposed expansion at Tokyo's Haneda Airport in 2020.

It's worth noting that this growth has come amid a period of turmoil in many regions of the world, with political and economic volatility appearing in headlines and newsfeeds on



5 THINGS TO KNOW ABOUT DELTA THIS MONTH

- 1** In honor of National Aviation Day on August 18, Delta is providing free general admission to our partner, the Henry Ford Museum of American Innovation in Detroit. Visit thehenryford.org for info.
- 2** Traveling abroad has gotten even easier. Delta customers can now select seats during booking and check-in for codeshare flights operated by Air France and KLM via the Fly Delta app or on delta.com.
- 3** Starting in August, Delta begins a brand-new partnership with streaming giant Hulu. Customers will now have access to award-winning Hulu Original content onboard and on their personal devices.
- 4** Delta's new benefit for SkyMiles Medallion Members, Reclaim My Status, helps Members return to Status if life slows down their travel. Learn more about this benefit at delta.com/reclaimmystatus.
- 5** Have you tried Free Messaging inflight? Chat with friends, family and colleagues for free via iMessage, WhatsApp or Facebook Messenger. Go to wifi.delta.com to start messaging.

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WITHOUT SUMMER.

— SWEDISH PROVERB

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a daily basis. Despite the uncertainty, people still have a fundamental need to connect across borders, whether it's to see family and friends, experience a new part of the world or build business relationships that expand economies. Travel brings the world closer together, and Delta aspires to be the airline that empowers those connections better than any other.

Cutting-edge aircraft technology has helped power our global growth. The jet I am flying on today is an Airbus 350, our new international flagship. It's one of the most fuel-efficient and sustainable transoceanic aircraft in the world, burning far less fuel than previous-generation long-haul aircraft. That efficiency helps ensure that these flights are economically viable while also moving Delta toward our commitment of carbon-neutral growth.

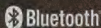
Another foundation of our global strategy is Delta's partnerships with leading international airlines, including Virgin Atlantic, Korean Air, Aeroméxico, Air France KLM, China Eastern, GOL and others. Every day, more than 20,000 customers connect between Delta's network and our partners. These partnerships truly open the world beyond the major global gateways.

Of course, none of this would work without Delta people. As I write this, our flight attendants are providing my fellow travelers with that human touch that our employees have made famous. Their service and hard work are what bring the humanity to our business—a quality that technology, aircraft and routes cannot replicate.

I want to thank all 80,000 of Delta's people worldwide for their work in building the world's best global airline. And thanks to all of our readers for flying Delta.



Ed Bastian
Chief Executive Officer
Delta Air Lines



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BIENVENIDO

UNA ESTRATEGIA GLOBAL

Delta tiene como objetivo ser la mejor aerolínea para conectar el mundo.

Al escribir esta nota me encuentro en un vuelo de *Delta* desde Seúl, Corea del Sur, hacia Atlanta. Cuando abordé pensé que no hace mucho tiempo esta ruta no habría sido económicamente viable para la aerolínea. Sin embargo, gracias a una combinación de la nueva tecnología en las aeronaves, las fuertes alianzas internacionales y los mejores profesionales que trabajan en esta industria, podemos conectar centros globales como Atlanta y Seúl brindando un conveniente servicio sin escalas o con una sola escala a innumerables clientes en ambos lados del Pacífico. Nuestra visión de construir una aerolínea completamente global que ofrezca la mejor experiencia para el cliente se está convirtiendo con rapidez en una realidad.

Solo en 2019 estamos planeando lanzar un nuevo o ampliado servicio en ciudades globales tan diversas como Seúl, Osaka, Japón; Ciudad de México, Edimburgo, Escocia; Lisboa, Portugal; París; Tel Aviv, Israel; Mumbai, India; y Ámsterdam. Lo anterior constituye aproximadamente un diecisiete por ciento más de vuelos internacionales que los que operábamos hace cinco años. Proyectándonos hacia el futuro vemos un crecimiento aún mayor con un servicio adicional a Shanghai y en 2020 una expansión propuesta en el Aeropuerto Haneda, que es el preferido en Tokio.

Vale la pena señalar que este crecimiento se ha producido en medio de un período de agitación en muchas regiones del mundo creando una volatilidad política y económica que aparece a diario en los titulares y en nuestras fuentes de noticias. A pesar de la incertidumbre las personas todavía tienen la necesidad fundamental de conectarse a través de las fronteras ya sea para visitar a familiares y amigos, experimentar una nueva parte del mundo o establecer relaciones comerciales que abren oportunidades y expanden las economías. El viajar conecta aún más al mundo y *Delta* aspira a ser la aerolínea que potencie esas conexiones mejor que

ninguna otra.

La moderna tecnología de las aeronaves ha ayudado a impulsar nuestro crecimiento a nivel global. El avión en que estoy volando hoy es un *Airbus 350*, nuestro nuevo avión insignia internacional. El *A350* es uno de los aviones transoceánicos más sostenibles y eficientes en el uso de combustible del mundo y consume mucho menos que los aviones de larga distancia de la generación anterior, como el *Boeing 747*. La eficiencia ayuda a garantizar que estos vuelos sean económicamente viables para la aerolínea manteniendo a *Delta* en la ruta de nuestro compromiso de crecimiento neutral en cuanto a la emisión de carbono.

Otra base de la estrategia global es la asociación de *Delta* con las principales líneas aéreas internacionales, incluyendo *Virgin Atlantic*, *Korean Air*, *Aeroméxico*, *Air France KLM*, *China Eastern*, *GOL* entre otras. Todos los días más de veinte mil clientes se conectan entre la red de *Delta* y nuestros socios. Estas asociaciones realmente abren el mundo más allá de los principales destinos globales, amplían nuestro mapa de operaciones y aseguran que nuestros clientes tengan la misma experiencia de primera clase que disfrutan en *Delta*.

Sin lugar a duda nada de esto funcionaría sin el personal de *Delta*. Mientras redacto esta nota nuestros asistentes de vuelo están brindando a mis compañeros de viaje el toque humano que ha hecho famoso a nuestros empleados. Su servicio y arduo trabajo es lo que provee el valor humano a nuestro negocio y es una cualidad que la tecnología, los aviones y las rutas por sí solas nunca podrían replicar. Ellos son la razón por la que nuestros clientes vuelan con *Delta* una y otra vez.

Quiero agradecer a todas las ochenta mil personas que trabajan con *Delta* en todo el mundo por su labor en la construcción de la mejor aerolínea a nivel global. Y gracias a todos nuestros lectores por volar con *Delta*.

Ed

Ed Bastian
Director Ejecutivo
Delta Air Lines



1 ¿Vas a volar desde Atlanta? Puedes volar todo el año tanto a Bogotá y Cartagena, Colombia, con *Delta*.

2 **Ritmo Caliente**
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3 Siempre es buena idea visitar el Caribe! *Delta* ofrece vuelos directos a Aruba desde Atlanta, Minneapolis, Nueva York-JFK y Boston.



4 **Despegando**
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WHEELS UP

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BY THE NUMBERS

US OPEN

For more than a century, the US Open Tennis Championship has kept fans on their toes with an ever-changing cast of elite athletes. The final tournament in the Grand Slam series—with preceding games in Australia, France and England—brings household names like Serena Williams and rising stars like 2018 women's singles champion Naomi Osaka face to face. Tensions will be running high August 26–September 8 as hundreds of thousands of spectators witness surprises and upsets during five event championships for men, women and mixed pairs, plus wheelchair and junior competitions. There's a lot on the line at the USTA Billie Jean King National Tennis Center in Queens, New York: Last year's prize money was \$53 million, the most of any tennis Grand Slam tourney.

\$600 million

Cost to renovate the USTA Billie Jean King National Tennis Center. The five-year project was completed in 2018, unveiling 46 courts and state-of-the-art retractable roofs on two of the stadiums.

10

Length in minutes of the break that men can take between the third and fourth sets as part of the extreme heat policy instated by the USTA last year—a rule that has been in effect for women since 1992.

16

Age of the youngest individual US Open champion. Tracy Austin won the title in 1979, defeating Chris Evert. The next year, she and her brother aced the Wimbledon mixed doubles championship.

665

Minutes of the longest professional tennis match. The 2010 Wimbledon nail biter between John Isner and Nicolas Mahut took three days to finish, with Isner ultimately winning in the 183rd game.

Dessert from
The Arbour.

BUR

PASADENA

There's more to explore beyond the city's rose-hued reputation.

Why Now: In the early years of Pasadena's founding—it was officially established in 1874—the city launched one of the most well-known events in the country: The Tournament of Roses. Today, the annual parade and bowl game draw hundreds of thousands of visitors to the foothills of the San Gabriel Mountains. But

it's the world-class shopping, varied museums, impressive architecture and more than 650 restaurants that keep them coming back.

Where to Go: The iconic Langham Huntington hotel has been a landmark for more than a century. Guests enjoy elegantly furnished suites or cottages, each boasting sweeping views

of the mountains or the site's famed landscape. For a low-key breakfast, hit Lincoln Pasadena. Daily made baked goods beckon from the pastry case, and a large menu offers huevos rancheros, hash brown Benedict and more. Buy a gift from the items on display on your way out. On the second Sunday of the month, head to minutes south

for a true Pasadena tradition. The Rose Bowl Flea Market—dating back to 1968—hosts 2,500-plus vendors peddling everything from housewares and art to vintage clothing and vinyl. Tip: Wear comfy shoes and your haggling hat. Set in Pasadena's historic train station, The Luggage Room Pizzeria turns out quality wood-fired pies with toppings piled on a sourdough crust. If a nightcap is in order, Blind Donkey is a good choice. Whiskey cocktails are the star at this laid-back bar on Union Street, but beer, wine and other cocktails are also on offer.

—SYDNEY BERRY

HIT THE TOWN

⊗ The Arbour

Food

⊗ Old Pasadena

Spa

2016 Century Tour

⊗ The Huntington

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HOT

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The Veep Experience at the Hamilton Hotel

NEW & NOTEWORTHY

Enjoy the Veep life in the **Selina Meyer Presidential Suite** at the Hamilton Hotel in Washington, D.C., paired with a replica of her as-seen-on-TV Oval Office • **Jimmy Kimmel's Comedy Club** has opened in Las Vegas, with all proceeds going to local charities • Soar 17 stories high on the world's tallest pendulum ride, **Wonder Woman Lasso of Truth** at Six Flags Great Adventure in Jackson, New Jersey • Travelers to Rome will love the modern stays in classic buildings—including a few palaces—available through **The Grand House**, a collection of upscale rentals with perks such as 24/7 major-domo service • First San Francisco, now LA: Three Michelin-starred chef Joshua Skenes has brought his hit open-fire concept **Angler** south to the Beverly Center.

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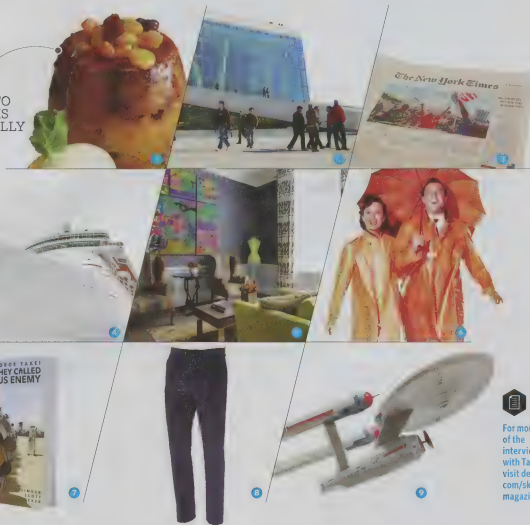


GEORGE TAKEI

ACTOR

George Takei has a very personal connection to the internment of Japanese Americans during World War II. "I was 5 years old when the soldiers came to our home bearing rifles with bayonets and ordered us out at gunpoint," he says. Takei and his family were sent from California to live temporarily in a prison camp in Arkansas. This month, Takei revisits that period in the AMC drama *The Terror: Infamy*, playing Yamato-san, an elder in a Japanese American community where a series of mysterious deaths occur. Takei, known for his star turn on *Star Trek*, has been a lifelong social justice activist. "The internment did define who I eventually became," he says. — **MATT MCCUE**

"DICKENS USED TO DINE THERE. IT IS QUINTESSENTIALLY ENGLISH."



For more of the interview with Takei, visit delta.com/sky/magazine.

1 UNDER-THE-RADAR STOP IN LONDON An Anglophile, Takei recommends the "oldest, continuously operating fine-dining restaurant in London, called Rules." **2 ARCHITECTURE MARVEL WORTH VISITING** "The Oslo Opera House. It looks like an iceberg: glowing white concrete and jagged angles." **3 TRAVEL ESSENTIAL** "I always have a copy of that day's *New York Times*." **4 MOST RECENT MEMORABLE TRIP** A fjord cruise in Norway. **5 FAVORITE HOTEL** "I go to London regularly. My husband and I call the Covent Garden Hotel our London home." **6 MOST RECENT IN-FLIGHT MOVIE** "The last one I saw was ages ago, *Singin' in the Rain*." **7 MOST RECENT WORK TRIP** "To New York to attend BookExpo at Javits Center to promote my new graphic memoir, *They Called Us Enemy*." **8 PREFERRED TRAVEL OUTFIT** "Usually my corduroy pants from the English brand Gieves & Hawkes that I can sit in for hours." **9 WOULD YOU GO TO SPACE IF OFFERED THE CHANCE?** "I am waiting for it. I did it on the level of fantasy in *Star Trek*, but I think it would be wonderful to do it in reality."

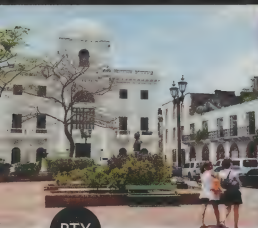
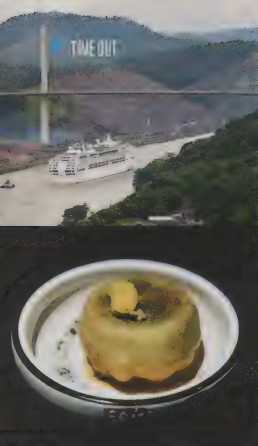
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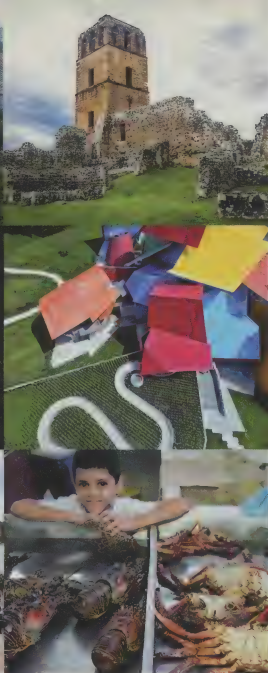


PTY

PANAMA CITY, PANAMA

You've got an extra day to check out the oldest European city on the Pacific. Here's what you do. **BY AMY S. ECKERT**

PEDRO ARIAS DÁVILA knew good real estate when he saw it. In 1519, the Spanish governor established Panama City at Central America's narrowest point, the better to transport plundered South American gold to the Caribbean and onward to Europe. Four hundred years later, Panama sealed its reputation as an international trade hub with the opening of the Panama Canal. As the capital celebrates its 500th birthday, Panama City reigns as Central America's wealthiest metropolis, blending glass-and-steel office towers, centuries-old cobblestones and culinary influences as diverse as the city. It's that mix—and a glorious tropical landscape—that has visitors lingering in Panama City.



CLOCKWISE
FROM TOP LEFT:
The Panama
Canal; Panamá
Viejo; The Bio-
museum; Seafood
at Mercado
de Mariscos;
Palacio Muni-
cipal and Plaza
Independencia
in Casco Viejo;
Ham pao from
Donde José.



COLONIAL ROOTS

Panama City traces its 16th-century beginnings to **Panamá Viejo**, 500-year-old ruins that form a striking foreground to the capital's modern downtown. The best-preserved vestiges of the Spanish settlement lie in the graceful **Puente del Rey**, the oldest standing bridge in the Americas, and the honey-colored **Catedral de Nuestra Señora de la Asunción**, both dating from the early 1600s.

LATIN FLAVOR

Neighborhood *fondas* (mom-and-pop diners) sit alongside modern fusion restaurants in **Casco Viejo**, an area of restored 16th- and 17th-century colonial buildings. Feast on fresh-off-the-boat whole fish and ceviche at **Mercado de Mariscos** or splurge on innovative preparations of Panamanian staples such as *sancocho* (a traditional stew) and *concolón* (a rice dish) at **Donde José**. Thirsty? Grab an ice-cold Panama beer at trendy rooftop bars **Tantalo** or **Salvaje**.

CANAL LIFE

The **Miraflores Visitor Center** showcases Panama Canal history, engineering and biodiversity through film, exhibitions and an observation deck above the **Miraflores Locks**, one of three along the canal. But it's aboard a **Panama Canal** cruise that the transportation marvel comes into clear view.

TROPICAL TREKS

Hike among titi monkeys, three-toed sloths and more than 250 bird species at the **Parque Natural Metropolitano**, Latin America's only protected urban rainforest park. The intersection of Panama's environment and culture takes center stage at the sprawling, Frank Gehry-designed **Biomuseo**, which will unveil three new galleries this fall.

DAVID PARKER/ALAMY; CASCO VIEJO: DIEGO GRANDI/ALAMY; STOCK PHOTO; PANAMA VIEJO: ALAMY; SALVAGE: ALAMY; STOCK PHOTO (CASCO VIEJO); STEFANO PATERNÀ / ALAMY; STOCK PHOTO (CASCO VIEJO)

DOES THINNING HAIR WORRY YOU?



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"One of the most common ways that people notice their hair thinning is they get a sunburn on their scalp," says Dr. Robert Leonard, Medical Director for Capillus. He admits that he first recognized his own thinning as a result of a sunburn while vacationing on a cruise.

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PORTABLE HOTSPOTS

"Why do I need a portable hotspot?" It's a popular question with many answers. Personal rechargeable Wi-Fi hotspots let you access data almost anywhere. Plans are often cheaper than using your cellphone data and won't torch your phone's battery life. They avoid the sluggish speeds and security risks of public Wi-Fi. They're accessible on multiple devices, so you can share your data. What's more, they're simple: no fiddling with foreign SIM cards or passwords for local networks, no language barriers—they just work. Hop in your rental car at the airport confident that your phone will provide trouble-free navigation as well as check your messages. **BY CARAMEL QUIN**



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Press a single button to connect to fast 4G LTE unlimited data in more than 130 countries with this hotspot, which can be used by up to five devices. It includes a decent 6,000 mAh battery that provides more than 16 hours of data on the go and doubles as a mobile power bank. Buy it outright or rent it online or from vending kiosks in major airports for \$9.95 a day. There's no need for local SIM cards, and you're not tied into a contract; simply pay when you use it—either per day, per month or per gigabyte of data. \$149.99; skyroam.com/solis

VERIZON JETPACK MIFI 8800L

The Jetpack uses carrier aggregation, which pulls data via multiple spectrum bands at the same time, and supports LAA, which can access unlicensed 5 GHz airwaves as well as licensed frequencies. The result? Blisteringly fast 4G LTE performance. The hotspot also is compatible with numerous frequency bands for extra connectivity in more than 200 countries. Setup is easy thanks to an intuitive color touchscreen, and it plays well with others, creating a virtual private network for up to 15 devices. \$199.99; verizonwireless.com

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The Nighthawk M1 is the world's first commercial Gigabit LTE device, meaning you can download mobile data at speeds of 1 Gbps (150 Mbps upload). It achieves this using carrier aggregation and MIMO (multiple antennas to increase capacity) and allows you to stream video with no fear of the signal letting you down. And it's not just for business: The M1 works like a mobile version of your home router, so you can set up parental controls for family holidays. From \$249.99; netgear.com



DANIELLE LAVER,
International
Liaison. Interests:
music, travel,
restaurants

ERIK LAVER,
Entrepreneur.
Interests: travel,
cars, foodie

OUTSOURCING THE SEARCH (for someone special)

TECHNOLOGY HAS MADE DATING MORE COMPLICATED & IMPERSONAL.

HIRING A MATCHMAKER MIGHT BE THE ANSWER...

You're successful, single and attractive, so why is it so hard to meet someone special? You're not alone. Many singles share your frustration. But there are options. We sat down with Erik Laver and Danielle Merritt-Laver to find out why they turned their dating lives over to the matchmakers at It's Just Lunch (IJL).

Dating life pre-It's Just Lunch?

Erik: I mainly met women through friends and work associates. It was always awkward and hit or miss.

Danielle: I had been divorced for a few years and was trying to figure out how to get back into the dating world. The online thing was not what I wanted to do, and not the caliber of men I was looking for. A friend of mine met her husband through It's Just Lunch so I decided to give it a try.

Challenges of re-entering the dating scene?

E: The rules had changed. It's a part-time job and too much work to meet someone face-to-face right off the bat. My time is valuable and I didn't want to waste it getting to know someone in the virtual world only to realize "this isn't going to work out."

D: I was out of the singles scene for a couple years. I liked It's Just Lunch because it was a commitment to "I'm going to take that step and venture out."

Benefits of working with a matchmaker?

D: As you get older, it's harder to meet people. I was surrounded by married people. The matchmakers introduce you to people you wouldn't normally meet in your day-to-day life. That's what I absolutely loved about it. I also love their feedback process after every date.

You feel like you're getting a little bit closer to finding that person that you want to spend time with.

Particular challenges of being an entrepreneur and dating?

E: Being a business owner, my schedule is always full. My office manager turned me onto It's Just Lunch. She sat down in my office and said, "You have to start dating and meeting some new people. It's Just Lunch is the dating service that I wish I had gone through." So I called and signed on as a member. My matchmaker made it so easy for me to meet new women. She set everything up. The restaurant. My date. I just had to show up. Simple. I had a fabulous experience. And met Danielle, my wife!

Find out what an It's Just Lunch matchmaker can do for you by calling 1-800-858-6526 or visiting www.itsjustlunch.com.

THE
DATING
EXPERT

Melissa Brown, CEO of It's Just Lunch, shares her top tips for moving from a first date to a second (or 10th!).

NO POLITICS OR EX'S

Skip the urge to talk about politics or your ex on a first date. 71% of singles we polled do not want to go that deep when they first meet someone.

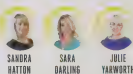
SECOND DATE?

First dates can be less stressful if you don't put so much pressure on yourself. The only question you should be asking yourself on a first date is: "Do I want to see this person again?" instead of the stress-inducing "Could I see myself married to him/her?"

CHEMISTRY

Determining if there is chemistry on a first date is extremely important according to the singles we talked to. That's why we set singles up on face-to-face dates. You can only feel chemistry when you are physically with someone.

It's Just Lunch Matchmakers:



SANDRA
HATTON

SARA
DARLING

JULIE
YARNWORTH



IT'S JUST LUNCH
DATING FOR BUSY PROFESSIONALS

5 MINUTES WITH



RACHEL BOTSMAN

► TRUST EXPERT AND AUTHOR [in](https://www.linkedin.com/in/rachelbotsman) [linkd.in/rachelbotsman](https://www.linkedin.com/in/rachelbotsman)

Once she's latched onto a topic, trust expert Rachel Botsman digs endlessly. "I like very complex things that someone hasn't simplified or that are misunderstood in some ways," says the British author and academic. "I like unpacking them." Studying sharing economy platforms, she came upon the notion of trust: How do complete strangers trust one another enough to share rides or the keys to their home? In 2017, she explored how trust is built, lost and restored in the digital age in the book *Who Can You Trust?* She's also teaching MBA students about trust at the Saïd Business School at Oxford. And this summer, she's launching a podcast called *Rachel Botsman's Trust Issues*. **BY ISABELLE ROUGHOL**

ROUGHOL: There's a popular narrative right now that trust is disappearing. Is it really?

BOTSMAN: This narrative that trust is in crisis, that we no longer trust the media or politicians, is incredibly dangerous and is actually fueling a lot of the divides, fears and extremism that we're seeing all over the world. It's far more complicated than that. What I believe is happening is that this trust for a long time in society flowed upward to elites, to experts, to CEOs, to institutions. Technology changes that, so it's starting to flow sideways. It's start-

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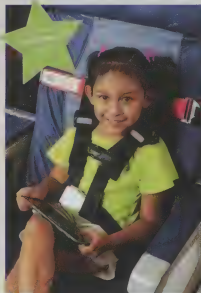


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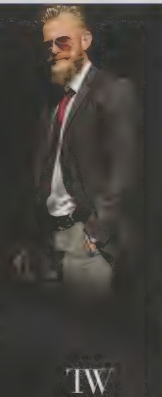
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ing to become really messy through networks and platforms. Part of what we're seeing in the world today is a trust shift, a power shift.

What happens if you place your trust in the wrong person, the wrong institution?

People don't really care about trust until someone breaks it. [It's] like a virus: It overwhelms us and it becomes toxic really, really fast and [is] quite irrational in some ways. That's what I think is happening in the world today. It's really quite hard to describe why we don't trust the media or why we don't trust politicians because we've gone into this hot, fiery state of distrust that just becomes more and more amplified the more we talk about it.

Can distrust ever be useful?

Distrust isn't always bad. Distrusting someone is actually helping you in some sense make good decisions. Distrust can lead to questioning and skepticism and be a really healthy thing. When it becomes blanket cynicism, that's when it's counterproductive.

We often turn to transparency to mend broken trust. Is that the right strategy?

Transparency is fascinating, it's like the "cure." Whether you're talking to regulators or CEOs, it's like, "If we make things transparent, it will fix all trust issues." Trust is a confident relationship with the unknown. If you need things to be transparent, you've given up on trust. Transparency reduces the need for trust because you know everything. It's deception that's the real trust issue, and transparency is not a cure for deception. The only way to treat deception is to get back to intentions and motives. I think we've gone really off the rails if we think ... that transparency's the answer. ▼

Isabelle Roughol is senior editor at large at LinkedIn. Watch more with Rachel Botsman at lnkd.in/aug2019 and on Delta Studio.



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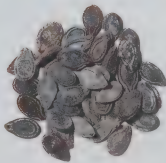
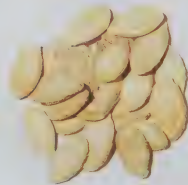
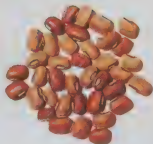
As seen on:



NIMAI PANDIT

This New York farmer is sowing success using heirloom seeds.

DISENCHANTMENT with the corporate world followed by 10 years as a monk led Nimai Pandit to seek out a different path. Convinced that an agricultural life fit with his spiritual beliefs, Pandit and his wife purchased the 90-acre Gopal Farm in New York's Hudson Valley. "Before we started farming our land, we met chef Dan Barber, who told us he would love to get Indian vegetables from us," says Pandit, who hails from India. There was only one problem. "The Indian vegetable seeds from seed companies were not heirlooms but hybrids bred mainly for longevity, production and disease resistance rather than flavor," says Pandit. Wanting to use heirloom seeds—those handed down from generation to generation—the couple crossed India to collect them from small farmers. They brought back unique varieties of traditional vegetables like Himalayan black carrots as well as unknown ones such as *lauki* gourds and gongura microgreens. "We employ the ancient Indian system of agriculture (*vedic krishi*) using low-cost inputs from cows instead of expensive fertilizers and pesticides," says Pandit. His produce has since caught the eye of other chefs, including those at Print Restaurant and Foragers in New York City. — **ROBIN CHERRY**



► The world's oldest regenerated plant comes from 32,000-year-old seeds that, it's believed, were buried by an Ice Age squirrel in Siberia.

► The coco-de-mer palm from the Seychelles produces the largest and heaviest seeds, which can weigh up to 55 pounds.

► All heirloom seeds are open pollinated, meaning that the seeds can be saved and replanted to produce the same variety year after year.

SEED SAVERS

Get the dirt on preserving, engraving and wearing seeds.



1 Norway's **Svalbard Global Seed Vault** preserves the largest backup set of heirloom seeds to ensure crop diversity in the event of a disaster.



2 As part of the Furrow project, **Sergey Jivtin** travels the country, hand engraving intricate designs onto seeds for attendees at events.



3 At **Saverie Creek Heirlooms**, **Debra Groat** crafts necklaces, bracelets and more from heirloom seeds grown in Michigan.

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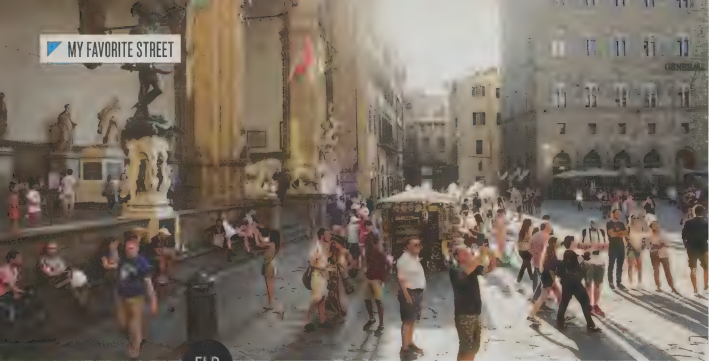
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JOANNE FROGGATT ON PIAZZA DELLA SIGNORIA IN FLORENCE



The show *Downton Abbey* might be over, but the story of the Grantham family and its servants on the English country estate returns next month in movie form. The plot centers on a royal visit and everyone is busy preparing, including lady's maid Anna Bates, played by **JOANNE FROGGATT**, who originated the role on the TV series. At her first audition for the show, however, there was

a slight hitch: Mr. Bates, her future husband, had already been cast, and he and Anna were supposed to fall in love quickly. That seemed unlikely given their nearly 20-year age difference, so the script was revised. "The directors decided to make it more of a slow burn, which I think made it all that more romantic," says Froggatt.

— MATT McCUE

Bar Perseo

Froggatt got to know Florence while vacationing there in 2017. "This [place] is great for gelato, which is one of the things you really need to try in Italy. And there are great views of the square."



1

Frescobaldi

"This family-run restaurant has freshly made pasta, and the family has been making wine for generations—they have wine tastings."



2

Le Gallerie degli Uffizi

Leonardo da Vinci, Rembrandt, Raphael—this gallery houses a one-of-a-kind collection of art masterpieces. "Book in advance to avoid the queue."



3

Rivoire

"This building opened as a chocolate factory in 1872, which is actually a new building for that square. Now it's a café known, unsurprisingly, for its hot chocolate."

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- 3 Le Gallerie degli Uffizi
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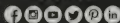
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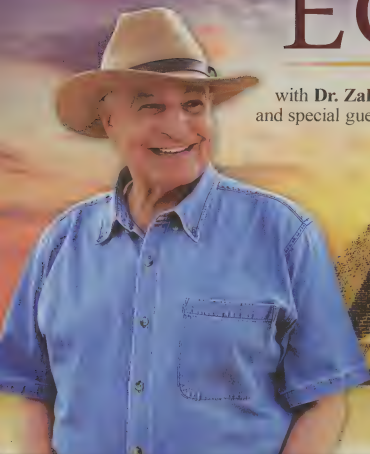
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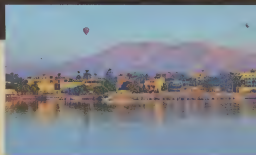


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LEFT: An employee takes part in the recycling program at Coca-Cola's headquarters.

SIP, RECYCLE AND RENEW

Discarded plastic bottles are getting a second chance, becoming new bottles, clothing and more. **BY JENNIFER BUEGE**

NEXT SPRING, as members of the Atlanta Public Schools class of 2020 cross the stage to accept their diplomas, they'll be walking into the future—and wearing a bit of it as well. Thanks to The Coca-Cola Company, APS and their fellow Atlantans, many of these students will be sporting caps and gowns crafted from fabric made out of recycled PET plastic bottles. And much like the graduates, those bottles will have traveled a unique path to arrive at that moment.

Their journey began this past April, during Earth Week, when Coca-Cola held a recycling drive at its headquarters in Atlanta and collected 8,500 plastic bottles, smashing expectations by more than a thousand. The bottles, which are fully recyclable, will be sent to a local recycling center to be sorted, weighed and compacted. Then they, along with other recyclable plastic, will travel to a North Carolina processing plant. There they'll be cleaned and turned into recycled chips that can be converted into new bottles or transformed into "certified as recycled" polyester fibers and used to create the fabric for the caps and gowns.

"Actions speak much louder than words, so step one is inspiring our own associates to rethink their recycling behavior and reimagine the possibilities of plastic," says Caren Pasquale Seckler, VP of social commitment marketing for Coca-Cola North America. "We believe it's important to demonstrate the value of recycled

PET to become another bottle, a graduation gown and so much more."

The Earth Day collection effort—which will outfit approximately 250 students—is just the start. Coca-Cola plans to hold additional drives, both at its headquarters and in conjunction with APS and other partners, so that all APS seniors can wear the upcycled garb. Coca-Cola Bottling Company UNITED led a similar effort in preparation for this year's Super Bowl in Atlanta: Bottles from bins at Mercedes-Benz Stadium and Hartsfield-Jackson Atlanta International Airport became a fabric that was turned into jerseys for volunteers.

The bottle-to-gown initiative in Atlanta is part of the company's Coca-Cola Renew campaign, which is aimed at positively impacting local communities and the planet. The project supports the company's World Without Waste goal, a global initiative launched in early 2018 that's focused on improving the sustainability of its packaging. The goal includes working to ensure that all packaging is fully recyclable by 2025; recycling the equivalent of a bottle or can for each one sold globally; and making better bottles with 50 percent recycled material by 2030.

Making recycling easier is part of achieving a world without waste. "In some communities, recycling is simple. You just drop your bottle or can in the nearest bin, and you're done," says James Quincey, chairman and CEO of The Coca-Cola Company. "In others, recycling is hard work. There may not be a recycling bin or the nearest facility means a two-hour drive each way. Who has time for that? More importantly, no one should have to drive that far to recycle."

To that end, The Coca-Cola Company is working with local communities to educate consumers on the hows and whys of recycling, boost curbside programs and provide more bins and carts for collecting recyclables. The hope is that one day, the number of plastic bottles being recycled and given a new life will soar as sip, recycle and renew becomes second nature. ▼

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SHOP TALK Strut down Avenida Ataulfo de Paiva to peep at some of Rio's top clothing brands (Lenny Niemeyer, Farm) and high-fashion stores. Shop like the Carioca at Feira Nordestina São Cristóvão—one of the city's largest markets.

INSTAGRAM-WORTHY STOPS Snap panoramas from the cable car en route to the top of Sugarloaf Mountain. Then end the day with a visit to the futuristic Niterói Contemporary Art Museum and dinner at Aprazível, which overlooks the city.

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OKJ

VILLAGE OF SCARECROWS

Fighting to keep a small Japanese town alive, one life-sized memory at a time. **BY CHANEY KWAK**

AT A BUS SHELTER made of wood, an old farmer slumps in a folding chair, her feet in rubber boots and hair tucked into a headscarf, as if taking a nap. Behind her, roughly half a dozen villagers lean against the wall, mouths suspended midsentence. Nobody moves. When a bus comes—just a couple of times a day—none of these inhabitants of Nagoro will stir. That's because they're not human; they're *kakashi*, traditional Japanese scarecrows.

I'm on Shikoku, the smallest—and least developed—of Japan's four main islands. With a 750-mile walking circuit threading together 88 temples, this rustic island has beckoned spiritual pilgrims from around Japan for



Artist Teukinu Ayano (top) checks on the life-sized scarecrows displayed outside her workshop in Nagoro.

centuries. But without the bright lights of Tokyo or gilded pagodas of Kyoto, this lush place the size of New Jersey manages to stay off most foreigners' itineraries.

Nagoro finds itself deep inside the island's mountainous heartland on the northeastern corner: rural and hard to reach, even by Shikoku standards. And I wouldn't have sought out this place if it weren't for these scarecrows, which I saw on a TV segment years ago.

The village consists of a cluster of 19 scrubbed and neatly maintained homes. But as far as I can see, I'm the only person here right now. Where have all the villagers gone?

I find them—sort of—inside the one-room community hall. Dozens of kakashi sit on the tatami floor, faces joyous. Strands of origami flowers hang from the ceiling, as if today marks a special occasion. But there's no sound, making me feel like I'm viewing a plush diorama showing off Japanese small-town culture.

Slowly, I walk down the narrow road that cuts through Nagoro. The air carries the sweetness of soil, and the atmosphere can't be further from the spookiness of zombie flicks. The town has a life of its own thanks to the scenes played out by these human-sized figures in everyday clothing.

There's a young family of four, children scrambling onto their parents' laps. The car repair shop appears to have been out of commission for years, but its three mechanics in grease-stained work clothes seem to be taking only a quick break. School children with backpacks bask in the sun. I meet a grandpa with a fishing pole, construction workers in hardhats and housewives in aprons. Birds are singing and fluttering about—while many scarecrows are meant to chase away the animals, these soft, handmade mannequins seem to be doing the opposite.

Across a field, something stirs. Emerging from a wooden door, a woman carries out a basket. When I rush over, I recognize her from the segment I'd seen: Tsukimi Ayano, the villager who makes all these dolls.

Ours is an unplanned encounter, and we share no language. But still she invites me into her home. A great iron hearth is heating it, drying slivers of sweet potatoes underneath and boiling a kettle of water on top. Across from the TV set tuned to figure skating, there's an alcove dedicated to a wedding scene, the bride in an extravagant red kimono.

"How many villagers are left?" I ask the artist. "And how many kakashi have you made?" With hand gestures and pointing, I get my questions across, and she responds by writing down in her notebook 27 and 270. Each doll takes three days to make from start to finish, she adds.

After spending her childhood here, Ayano moved to Osaka and only returned in 2002 to look after her father. In fact, the very first scarecrow she made looked so much like him that it fooled her neighbors into chatting it up from afar. Since then, she's been drawing from her memories to recreate people who once made this town bustle: an old confidante who passed away, childhood friends who lost touch.

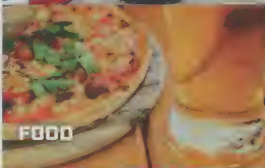
The Iya Valley, where Nagoro is nestled, is an achingly beautiful spot. An emerald river gushes between impenetrable sylvan slopes, sprinkled with thatch-roofed homes and vine-woven bridges. I understand why she fights to keep this place alive in its own way. Eccentric? Sure. But don't we all try to find ways to ease our loneliness? Some of us spend hours scrolling through other people's selfies; Ayano has chosen scraps of fabric and a sewing needle instead.

Over the next few days, I explore the Iya Valley, hiking up 6,400 feet to the top of Mount Tsurugi, poaching in thermal hot springs that have been gushing for centuries and watching mist rise and dissipate again and again each morning. It occurs to me that, compared to this timeless landscape, our existence is an evanescent flash, quickly forgotten. With her dolls, Ayano has found a way to make our memories linger just a little longer. ▼



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CITYLICIOUS

AUGUST 2019

A taste of what's
happening around the
world this month.

1 BOCA RATON

Revel in rare comics and historic cartoons at **Beyond the Capel Comics and Contemporary Art**, which delves into forces driving modern artists. Boca Raton Museum of Art. April 6-October 6. bocamuseum.org

2 NEW YORK CITY

The work of photographer Robert Mapplethorpe fills **Implicit Tensions: Mapplethorpe Now**, including controversial pieces that sparked censorship debates. Solomon R. Guggenheim Museum. July 24-January 5. guggenheim.org

3 PORTLAND, ORE.

Appreciate genres ranging from Appalachian mountain music to space-age jazz at **Pickathon**, an intimate, zero-waste event. Pendarvis Farm. August 1-4. pickathon.com

4 ANGUILLA

Celebrate Caribbean emancipation at the **Anguilla Summer Festival** with music, parades and boat racing. Multiple locations. August 1-11. anguillasummerfestival.com

5 CHENGDU

More than 70 countries unite at the **World Police & Fire Games**, an Olympics-style sporting competition for law enforcement officers and firefighters. Multiple locations. August 8-18. chengdu2019wpgf.com

6 VANCOUVER

Grab some popcorn and get ready for the **Vancouver Queer Film Festival**—your chance to view the best independent LGBTQ cinema from around the world. Multiple locations. August 15-25. queerfilmfestival.ca

7 ROSARITO, MEXICO

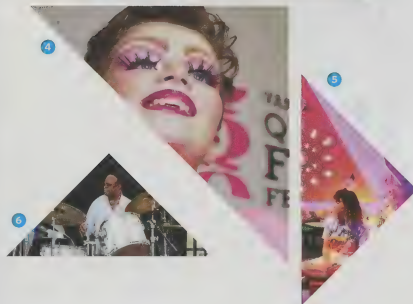
Soak up the sun at the Latin trap and reggaeton-rich **Baja Beach Fest**, with headliners like J Balvin and Cardi B. Multiple locations. August 16-17. bajabeachfest.com

8 ATLANTA

Each space at **29Rooms: Expand Your Reality** is filled with a performance, workshop or interactive display, all aimed at fostering community, dialogue and imagination. The Works. August 29-September 8. 29rooms.com

9 DETROIT

Swing into the **Detroit Jazz Festival's** reunion-themed lineup, featuring the most prominent musicians and memorable acts from the past decade. Multiple locations. August 30-September 2. detroitjazzfest.org



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FOOD, FIRE AND ICE

CREATIVE NORDIC FARE IS PUTTING REYKJAVÍK ON THE CULINARY MAP. **BY ANJA MUTIC**

Beyond Iceland's famed lava fields, glaciers and hot springs, an inspired food scene has bubbled up to the surface in the land of fire and ice, with Reykjavik at its helm. Balls of ram, fermented shark and sheep's head jam surely won't please all palates, but there's plenty more cooking on the foodie front.

The buzz began in 2016, when Icelandic celebrity chef Gunnar Gíslason earned a Michelin star for his inventive Nordic fare at Agern in NYC. The following year, another of his restaurants, *Dill* in Reykjavik, scored Iceland's first Michelin star; in 2019, Michelin included nine Icelandic restaurants in its revered guide.

The food hall wave has also swept Reykjavik, bringing affordable bites to happy bellies. For creative street fare, head to *Grandi Mathúll*, located in a refurbished fish factory in downtown's

old harbor area. As you watch vessels unload just-caught seafood and fish, you can chow down on Icelandic lamb and smoked meats at *Fjánhúsið*, which sources meat straight from its farm in northeast Iceland; sample the unexpected pairing of seafood and sparkling wine at *LAX*; and savor Icelandic cod with a Japanese touch at *Fusion Fish & Chips*.

At Iceland's first food hall, *Hlemmur*, inside an old bus station, the casual counter restaurant *Skáll* offers a tasty twist on traditional dishes, such as baked arctic char with mashed potatoes and caper butter, the menu showpiece. It was a shared love of good grub and booze that propelled three friends—Gisli Matt, Björn Steinar Jónsson and Gisli Grimsón—to open *Skáll* in 2017 with the vision of providing “great meals that are also fair to your wallet.”

For their culinary

ABOVE: Matur og Drykkur's bar (left) and its cod's head, cooked with blueberries.

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STELLA ROSA WINES

The chefs of ÓX: Georg Arnar Halldórsson, Hafsteinn Ólafsson and Þráinn Freyr Vigfússon.



creations, the trio sources many of its ingredients from local purveyors. For example, the salad greens come from a vertical farming company in Reykjavik. They use high-quality ingredients like Saltverk salts—produced in Iceland using geothermal energy. They're big on the wild edibles that they forage in summer: angelica, which they blend with oil to make the mayo served with the skirt steak; licorice-flavored chervil used in cocktails; arctic thyme for the granita on a dark chocolate mousse; and birch leaves

for the housemade kombucha.

"Icelanders have gone through hardship over the centuries, and so they found creative ways to preserve food, such as smoking, curing in salt and pickling in whey," explains Grímsson. "Icelandic cuisine today is about making our ingredients shine, like root vegetables, lamb and seafood, while respecting our traditions and creating a new chapter."

At Skáll, seasons are also a major factor: If you show up in winter, you may get a chance to taste lumpfish roe. With such fine attention to detail, it should come as no surprise that Skáll nabbed Michelin's coveted Bib Gourmand award last winter.

Everyone you talk to in Iceland, on just about any topic, will cite creativity as the key to survival. "In Iceland, we are located in the middle of nowhere, surrounded by the Atlantic Ocean. And so we have to be creative, both in regular life and in the kitchen," says Solla Eiríksdóttir, who opened her first Gló health food restaur-

ant in 2007. Now, in addition to the flagship in the Fákafen neighborhood, there are two more in Reykjavik (with another on the way) and four in Copenhagen.

At Gló, known for its signature bowls, spinach lasagna, raw cakes (mocha raspberry is a delight) and hearty soups served with hummus and sourdough bread, everything is made from scratch. Chef Eiríksdóttir is a vanguard of raw food in Iceland (Phaidon published her gorgeous cookbook, *Raw: Recipes for a Modern Vegetarian Lifestyle*). The celebrity chef had a long-standing TV show and has her own organic food line, Himneskt. "The idea was to serve healthy, good-tasting food that you don't have to wait too long for," she says. Gló was a slow burn, but with the popularity of raw and health food picking up in Iceland, the lunchtime lines have gotten longer and longer.

Digging up old recipes and presenting them in new and inventive ways is also on the rise in Reykjavik—and the culi-



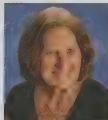
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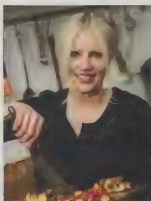
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FROM LEFT: Chef Solla Eiríksdóttir of Gló; Smoked carrots on sourdough bread with charred lemon, fermented garlic mayo, horseradish, seaweed salt and dill from Skáli.



nary team at **Matur og Drykkur** excels at it. According to Iceland's *The Little Cook Book for Genteel Housekeepers* from 1800, expensive ingredients are used for respectable people while cheaper materials are cooked for the more unseemly. To see that idea turned on its head—literally—order cod's head simmered in chicken stock and blueberries, the showstopper

at this cozy eatery housed in an old salt fish factory by Grandi Harbor. At Matur og Drykkur, you also can munch on finger food such as foal croquettes with blue cheese or order other classic Icelandic dishes with a modern edge (arctic char smoked with sheep dung, anyone?).

Preparing traditional foods in novel ways, with an emphasis on local and

seasonal, is among the tenets of the New Nordic cuisine movement. Though Dill lost its Michelin star this year, it's still a thrilling spot for a special meal out, with New Nordic-inspired mains such as rutabaga with skyr (Icelandic-style yogurt) and dill or dung-smoked trout with leeks and apples.

But the most exciting game-changer on Reykjavik's food scene is **ÖX**, a speakeasy-style restaurant in the back of another restaurant, the buzzy Sümá. Only 11 diners per meal get to take part in the inventive chef's table experience, a brainchild of Bráinn Freyr Vigfússon. Expect a free flow of wine and conversation in a timber cabinlike space for nearly three hours, with dishes coming out in an understated theatrical act presented by two chefs. No two meals are ever alike, though they all span 12 courses and include geothermal-baked rye bread, steamed underground for 24 hours. When in Iceland . . . ▽



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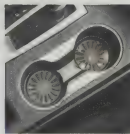


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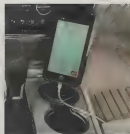
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CHECKING IN WITH YOUR FAVORITE BRAND

HOW LIFESTYLE COMPANIES ARE TURNING TO HOSPITALITY AS THE ULTIMATE IN EXPERIENTIAL MERCHANDISING. BY ELISA PASHAT



When I saw the news that Muji, the apparel and home goods brand from Japan, had opened hotels in Shenzhen, Beijing and Ginza, Tokyo, I wanted in. Before the company had released images or renderings, I knew that the rooms would feature thoughtful design, natural materials and a minimalistic sensibility. And I assumed the experience would elicit a sense of familiarity and warmth, just as the stores had when I visited them religiously over the course of a year as an English teacher in rural Japan. When I felt exasperated and isolated as an American expat, Muji

stores offered me a kind of safe haven of aspirational design.

Will I ever stay at a Muji Hotel? Perhaps not, but the seed of longing has been planted. And that may be just what brands are counting on as they not-so-slyly jump into hospitality.

The concept of brands partnering with hotels, or even opening their own

CHARLES TYRWHITT

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hotel, is not new. The Hard Rock Cafe and Nobu boast numerous branded hotel properties. Fashion houses Armani, Bvlgari, Fendi and Versace all offer high-end beds around the globe. And guests at Margaritaville Resorts have been able to fully embrace Jimmy Buffett's beach ballad since 2010.

But 2019 is ushering in a new era of eclectic brands extending into hospitality: Shinola, Equinox, Restoration Hardware, Baccarat, Paramount Pictures and West Elm all will have opened hotels by next year.

Danni Santana, a business reporter at Skift, a media company for the travel industry, notes a natural blurring of brands' notions of *customers* and *guests*: "The truth is, all companies, no matter the industry, think hospitality is embedded in their DNA."

Many would argue that this is a natural maturation of both boutique hotels and lifestyle brands. Boutique

hotels were pioneered in the 1980s to provide a smaller, more personalized hotel experience. The lifestyle hotel grew from this boutique concept: properties with the intimacy and modernity of a boutique hotel, with the added perks that only a chain can provide—consistency, loyalty points and a lower price tag—thanks to economies of scale.

"Much like nonhotel companies believe they can do hospitality, every hotel chain also thinks they are a lifestyle brand," Santana says. "That's why we see more and more hotel groups creating lifestyle brands or portfolios. Lifestyle is not synonymous to just hotels, however, so outside companies like Equinox and Shinola probably thought, 'Hey, we can do this, too!'"

Equinox aims to redefine luxury for those with a "high performance lifestyle," opening its first hotel in New York's new Hudson Yards development

in July. "If you live a lifestyle that includes a healthy fitness routine, the most difficult time to keep that up—and I know this from personal experience—is when you travel," says Christopher Norton, CEO of Equinox Hotels. "So it makes sense to extend the brand experience about a healthy lifestyle into the hotel space, because it makes it a much larger experience."

The hotel's health and fitness offerings are based on the latest in science-grounded holistic health, with rooms designed for relaxation, comfort and brag-worthy sleep—which guests will need after working out with some of the world's best trainers.

After the New York opening, five additional Equinox Hotels are set to launch in the next three years, and the company envisions a portfolio of more than 30 hotels in the next 10 years.

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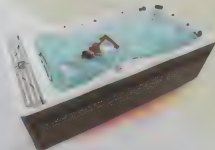
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and be experiential, hotels make sense. Thanks to a shift toward more meaningful experiences, tourism is up and global demand for new hotel products is high. Developers are eager to work with brands that come with an established feel, focus and fan base.

Social media also is changing the hospitality landscape, providing a crucial amplifier for positive guest experiences. "No one should take the power of social media lightly," Santana says. "There is no better way to promote a lifestyle brand than by creating opportunities for guests to post unique images on Instagram, Twitter or other social platforms."

Some of these hotel concepts will be shoppable, including the new Shinola Hotel in Detroit. The luxury goods brand designed several in-room products for purchase, including an alpaca blanket, candle, desk clock, turntable and even the electric power

supply. Muji Hotels also will be featuring select items available for purchase in its stores, inviting customer feedback for future product development.

While there is a benefit in creating an intimate space to showcase and sell products, the motivation to become a hotelier goes far beyond making a sale. RH, Restoration Hardware, exemplifies a greater aim in the thinking behind its forthcoming RH Guesthouse, opening in NYC in 2020. "It's going to be a superexclusive, personal space, and we're not going to try to peddle any furniture," chairman and CEO Gary Friedman said in *Business of Home* magazine. "That's too obvious. It's really about positioning RH as a thought leader, a taste leader, a creative leader in the industry."

Peter Braus of Lee & Associates echoed this sentiment in *Commercial Observer*. "I don't think [brands] are going to move the needle too much

on earnings by doing one, two or five hotels on a multibillion-dollar luxury home brand, but it makes them cooler."

Not only will brands get to score elusive "cool" points by opening a hotel, they will have the opportunity to more fully express their core values in a real-life environment while deepening bonds with new and established audiences. West Elm, projected to open an Indianapolis hotel in 2020, will double down on its commitment to localism and community building with a "community living room" as well as a space steeped in the design, cuisine and culture of the region, as interpreted by local makers and doers.

Because if you can't be home—surrounded by your own West Elm furniture or Muji home goods, near your local Equinox gym—you can still surround yourself with familiar brands, even while you're on the road. ▼




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1 City5 Ways

DUBLIN

THERE'S
MORE THAN ONE
WAY TO DISCOVER
A DESTINATION.

BY MATT NEAN



DUB

SET AMID A LUSH LANDSCAPE of castles and rustic charm, Dublin has been a magnet for creatives and entrepreneurs throughout history. Rich with tradition and buoyed by a surging startup scene—with Goliaths such as Google and Apple joining the fray—the city offers an energetic but manageable alternative to other large English-speaking cities of Europe. From the thriving nightlife taking root in centuries-old warehouses downtown to the robust network of bike paths and options for adventure, there's always more to unlock in Dublin.

DUBLIN

IMBIBER



4WHERE TO STAY **The Morgan Hotel**
Snack in the center of the Temple Bar neighborhood and close to The Temple Bar, grab the leprechaun. The Morgan Hotel puts you in the middle of the action—and allows for a quick trip home at the end of the night. themorgan.com

MORNING **Jameson & Guinness**
The bucket-list sites are best hit early on to avoid crowds. Pop into the Jameson Distillery Bow Street location for a dram after it opens at 10 a.m., then take a cab back across the river to the Guinness Brewery or the Guinness Storehouse at St. James Gate.



LUNCH **BoCo**
Cross the canal and walk north to the Leinebach Museum to this wood-fired Neapolitan-style pizza joint. It's built in a century-old chemical factory and mixes up traditional toppings with more inventive add-ons; one pie features walnuts and honey. boco.ie



AFTERNOON
Drinkstore
Find the latest craft beers (along with glassware and wine accessories) at one of Dublin's finest bottle shops. Look out for local craft brews from Whiphall, Eight Degrees Brewing and Galway Bay. drinkstore.ie

DINNER **L. Mulligan Grocer**
You can't go wrong with the classics at this elevated farm-to-table temple on the city's north side. Go with the lamb or the veggie haggis followed by a dram of Powers Whiskey. lmulligan.com



HISTORY BUFF

WHERE TO STAY
The Merrion Hotel
Converted from a bank of four Georgian townhomes, this landmark hotel boasts impeccable interiors, traditional peat fires for warmth and the only Michelin two-star restaurant in Ireland. merrionhotel.com



MORNING **Christ Church**
Dating back to the 11th century, Christ Church has been maintained and expanded by everyone from the Vikings to the Victorians. Look for cast replicas of archaeological finds embedded in the exterior nearby. christchurchcathedral.ie



LUNCH **Leo Burdock**
Sure, there can be a line out the door at any one of the locations of this famous chain, but a town full of fish and chips, we'd call that a sign of quality. You can't go wrong with the fresh cod. leoburdock.com



AFTERNOON **Trinity College Dublin**
You'll feel strong Harry Potter vibes in the Long Room of the Old Library. Inside, 1,200-year-old *The Book of Kells* is billed as one of Europe's most historic Medieval manuscripts. tcd.ie/library/old-library/long-room

DINNER **Chapter One**
This Michelin-starred restaurant, in the basement of the Writer's Museum, features local, sustainable fare and design elements from area artisans. chapteronerestaurant.com



ADVENTURER



4WHERE TO STAY **The Marker Hotel**
This newish hotel in the Docklands district offers a top-flight gym and spa next to the waterfront and the surging tech sector. Grab breakfast, then borrow a bike to head out into the city. themarkerhoteldublin.com



4MORNING **The Forty Foot**
Grab a swimsuit and towels and carve down the coast to your first stop. No matter the weather, you'll find locals starting their day with a brisk dip in this scenic Sandycove swimming spot. Lucky for you, August temperatures typically reach into the 70s and higher.

AFTERNOON **Killiney Hill**
Continue down the coast to this popular park that overlooks Dublin Bay, the city and the homes of Enya and Bono. Hire up the paved path to the summit, where a memorial was constructed in the 1700s to create jobs for local laborers.

LATE LUNCH **The Barge Gastrobar**
Head back into the city and post up at this eatery, perched on the banks of the historic waterway. The restaurant shines in sunny weather with an outdoor patio and a collection of four newly renovated indoor spaces. thebarge.ie



4EVENING **Dublin Bay Cruises**
This family-owned sightseeing vessel offers sweeping views of the cityscape and multiple tour options—including a 75-minute evening wine and cheese cruise from Dún Laoghaire and back. dublinbaycruises.com

CULTURE GEEK

WHERE TO STAY **Number 31**
Centrally located and flush with modern, cozy design elements, this Georgian-style townhouse features classic news for contemplation and relaxation and an excellent breakfast. number31.ie



4MORNING **Irish Design Shop**
A collective of sorts, this early entrant in the cultural renaissance of Dublin offers wares from a rotating selection of artists and artisans. Afterward, head to the Aran Sweater Market for a handmade, traditional Irish merino wool sweater. irishdesignshop.com, aransweatermarket.com

LUNCH **The Winding Stair**
Upstairs, you'll find contemporary Irish food overlooking the river, downstairs, one of the city's oldest independent bookshops. Have the trout and then grab a book of Yeats for a stroll across the Ha'Penny Bridge. winding-stair.com



AFTERNOON **National Museum of Ireland**
From archaeology to textiles, this centerpiece of Ireland's cultural scene offers a deep dive into its history and culture. Be sure to check out its collection of antiquities and artifacts. museum.ie



4EVENING **Bord Gáis Energy Theatre**
A showstopper of a building, this rumored 80 million euro facility plays host to some of the finest acts in Europe. From the St. Petersburg Ballet to the Irish National Opera to, well, David Blaine. bordgaisenergytheatre.ie

FOODIE



4WHERE TO STAY **Cliff Townhouse**
Billed as a "restaurant with rooms," this gastronomic offers food and drink in a number of settings, including the casual Urchin Bar. Snack on Dublin Bay prawns and some Galway Bay mussels or sign up for a seafood master class with head chef Sean Smith. cliffhouse.ie

MORNING **Kaph**
These days, you can enjoy Irish coffee without adding a glug of whiskey. Dublin sports a lively barista culture, and Kaph sits at the center. Featuring locally roasted beans and high-end machines, this is your ideal day starter. kaph.ie



LUNCH **The Oak**
Slurp a platter of oysters in the side room of this café, furnished with wood paneling that was removed from *The Mauretania* naval ship. Across the street sits the historic Georgian-era City Hall, where baristas and city officials once bustled about. theoak.ie



DINNER **The Bank Bar and Restaurant**
Situating in a stunner of an old bank, this restaurant and pub features ornate ceilings and fantastic fresh seafood. Try a mixed platter for some of the best locally sourced options, then head to Murphy's Ice Cream for dessert. bankoncollegegreen.com

LATE NIGHT **Vintage Cocktail Club**
Delicious, classic cocktails abound at this speakeasy that offers a rooftop respite from the busy Temple Bar scene below. Bonus points: Sign up for a cocktail master class for step-by-step lessons. vintagecocktailclub.com





ORLANDO BLOOM'S BALANCING ACT

by STEVE MARSH



The British actor **ORLANDO BLOOM** has got this life thing down: He's got a plum role on Amazon's new series *Carnival Row*, a happy 8-year-old son, a pop-star fiancée and a fulfilling role as Goodwill Ambassador for UNICEF.

WHEN BLOOM



answers the phone, he is bouncing up and down. "I'm gonna put my headphones in now," he says, as he quickly regains his breath. "Can you hear me?" He says he's been regularly bouncing on the trampoline with his 8-year-old son, Flynn. He splits parenting time each week with his ex-wife, Australian model Miranda Kerr, and says the trampoline functions as a good workout and a great hang time (literally). "I've found a balance, I guess you could say," says the 42-year-old actor, who got engaged to pop star Katy Perry this past Valentine's Day. "I used to want to make T-shirts that said, 'Real Life Sucks—I'm Going Back to the Movies,'" he says. "But now I actually love my life as much as I love working."

The nature of his work has evolved, as well. After years of being committed to massive tentpole franchises including *The Lord of the Rings* and the *Pirates of the Caribbean*, he began to take more and more time between projects to spend with his son. "I've been raising a little boy—and making school runs," he says. "And trying a few other things." The heroic elf Legolas briefly returned in the second and third installment of Peter Jackson's *Hobbit* movies, and the heroic buccaneer Will Turner made a brief cameo in the fifth *Pirates* film, but Bloom was deeply committed to his stage acting, thrilling much more intimate crowds with acclaimed runs on both Broadway in New York and London's

West End. But this month, Bloom is hoping to monopolize a massive audience's full attention once again, when he begins starring in *Carnival Row*, a fantasy TV show that will attempt to fill the gaping *Game of Thrones*-sized hole in pop culture.

In *Carnival*, Bloom plays the impossibly named Rycroft Philostrate, a taciturn war veteran and police detective who is investigating a series of murders. Philostrate, or "Philo" as Bloom refers to him, is his first television role apart from the occasional cameo (i.e., his hilarious turn playing a maniacally petty version of himself who is insanely jealous of his *Pirates* co-star Johnny Depp on Ricky Gervais' 2007 HBO series *Extras*). This is Bloom's first foray onto the small screen in the peak TV era.

"I was intrigued by my character," he says. "Philo is really interesting, a man of secrets who's carrying this great weight." Bloom says that growing up, he spent a lot of time searching for heroes by sneaking into the local cinema in Kent, the English town where he was raised. He loved *Superman* and *Indiana Jones*, and when he got a little older and started acting, he fixated on the American archetypes of Marlon Brando and James Dean.

"I didn't really have a father, so I would get these eclectic ideas," he says. "I was obsessed with motorbikes and what it meant to be a man." The roles that made him famous have showcased the fruits of this scholarship: a deeply ingrained but slightly careworn effervescence, recalling legendary make-it-look-easy cool guys such as Errol Flynn, Steve McQueen and Paul Newman. But he plays Philo with a grim weariness we haven't seen from him before. When Philo does speak, his words are pried out with a rasp. When he absorbs blows, whether physical or emotional, it seems like he's feeling them all cumulatively.

"He's a man who's been brought up by institutions," Bloom says: Philo was

an orphan before serving his country in a long war and then working as a police officer. "I love the way he communicates," Bloom says. "He's a man of few words whilst having explosive thoughts and imagination. I wanted to find a voice for the character that would identify him very clearly—I wanted to have him feel like he's carrying the weight of the world on his shoulders."

▷▷▷

Carnival Row is based on a famous spec script, *A Killing on Carnival Row*, that has been kicking around Hollywood since 2005. At one point, Guillermo del Toro was leading its development, then Neil Jordan, before it ended up at Amazon more than a decade later. Bloom was drawn to the story the first time he read it. It's a unique mashup of genres: Set in what appears to be a comic book *League of Extraordinary Gentlemen* version of the Victorian era, but in an alternate universe, featuring a familiar *Downton Abbey*-esque class tension between rich and poor, servants and served, old money and new. And then it throws in a heavy migrant crisis allegory: an alien race of "Pix"—centaurs with hooves, faeries with wings and satyrs with horns—seeking refuge from a faraway violent conflict in a ghettoized slum along what's known as Carnival Row.

Bloom was drawn to the show's central allegory. "The Row is a hodgepodge of all these wicked, wonderful, fantastical and yet very real and tangible creatures and beings," he says. "And they'd been sequestered to that area because they're shunned." The show leans into commentary about what our society is going through right now, as migrant crises have changed the political status quo around the globe.

"Refugees are looking for a home," he says, "looking for safety, for sanctuary." He believes science fiction or fantasy can lend viewers a critical distance and objectivity on things they're all dealing with in real life. "It removes us from the immediate and allows us to analyze without feeling the weight and responsibility of the true situation going on," he says. In the same way that *The Lord of the*

Rings was symbolic of the crisis facing the European powers post-WWI, and one of *Game of Thrones'* central conceits was climate change—driven by zombies—that was ignored by a few rich families consumed with the titular game, *Carnival Row* addresses another dire situation that's tough to talk about around the family dinner table. But the best fantasy and science fiction, he believes, can sidestep the political hopelessness of a given era. "It isn't just mindless entertainment," he says, "but it contains suggestions and provocative pokes and pricks of conscience."

Despite the intellectual vitamins he hopes will enrich the experience, Bloom says the show contains plenty of sugar. "It's also supposed to be an intriguing fantasy detective story!" he says, and I can almost feel his grin over the phone. In the first episode, Bloom chases a murder suspect over the rooftops of the Row. "We went back and reworked that sequence because I wanted him to be physical and dynamic." With such a heavy motif—where the Other can be vilified in a way that might be too close to home, even if the Other in this case has horns and hooves—Bloom also wanted the audience to immediately understand which side his character was on. "Sometimes things really need to be defined," he says. The rooftop chase scene emerged out of a creative collaboration between

Bloom, the writers and the show runner, and Bloom was impressed with the spirit and degree of collaboration he encountered on the set. "With movies, you get a script and it's quite fixed," he says. "But TV, at least in my experience, has a lot more fluidity."

Bloom has volunteered as a UNICEF ambassador all over the world: He was in Niger for the Boko Haram incident, in Liberia for the "tail end" of the Ebola outbreak there and recently spent time in refugee camps in Mozambique. I ask if these refugee communities need heroes like Philo in real life. "These people aren't looking for heroes," he says. "Certainly not somebody like myself." He says they're often looking for the simplest solutions. "They're looking for money so they can get a clean water tap into the middle of a village, so they can reduce the walk from two miles to clean water, to prevent their children from suffering from diarrhea." These refugees don't need a hero, he says, wherever they are. "They need shelter, they need water, they need schools."

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A few minutes later in our conversation, Bloom's Wikipedia page comes up: There's an entire section cataloging his various injuries: broken nose playing rugby, broken leg skiing, broken back. **CONTINUED ON PAGE 81**



Orlando Bloom in *Carnival Row*

ICONIC KENYA



The country that transfixed Karen Blixen and Ernest Hemingway continues to attract travelers looking for the Big Five and more. Whether witnessing the Great Migration, touring Rift Valley lakes or visiting wildlife conservancies in the country's north, travelers experience a modern-day Kenya that is inextricably linked to its legendary past. **BY MILLIE KERR**





We walk along the banks of the Ewaso Ng'iro River in hushed whispers, taking cues from Samburu guides who know every member of the elephant herd we shadow. For days, I've observed these giants on game drives, but walking alongside them is a completely different experience—a magical, if hair-raising, one.

The **Samburu National Reserve** is known for elephants: It's where legendary conservationist Iain Douglas-Hamilton established Save the Elephants more than 20 years ago with the hope of better understanding (and protecting) the world's largest land mammal. His wife, Oria, set up the **Elephant Watch Camp**, a sublime tented lodge overlooking the river, though it's now run by one of their daughters, Saba, who has carved out a successful career as a wildlife documentary producer and on-camera personality on shows such as *Big Cat Diary* and *This Wild Life*.

During my first trip to Kenya, in 2011, dinners along the river's meandering banks were so special that memories of them are eternally etched in my mind. As constellations appeared in the night sky, Oria regaled guests with harrowing tales. Many small safari lodges have hosts who dine with guests, but their connection to the site is rarely so rich. Since that trip, Oria has retired from hosting guests here; Saba and Bernard, a charismatic local, have taken her place.

A third-generation safari-goer from Texas, I grew up hearing about Africa, longing to visit the continent. Flashes of Kenya were all over our home in San Antonio, for my mother decorated its rooms with photos of her Kenyan safari—a photographic one in the early '70s, less than a decade after Kenya gained independence from Britain. Long before I discovered my interest in conservation and wildlife photography, I wanted to follow in her footsteps.

Before leaving Samburu, my guides, Serenoy and Simon, take me on a final drive through the reserve. We are weaving through a stretch of open savanna when Simon stops the vehicle, grabs his binoculars and scans knee-high grasses with the hope of seeing the twitch of an ear. "Cheetahs," he says quietly while pointing to a nearby acacia tree. "Two of them—probably brother-

ers," Serenoy adds. Unlike most of the big cats I see on safari, the cheetahs are awake, sitting side by side on their haunches. Déjà vu washes over me—I've seen this before, miles away on the walls of my parents' house.



Now, years later, I have travelled to **Laikipia**, a county just southwest of Samburu, to see the world's last two remaining northern white rhinos. It's early November—the start of the rainy season—so I'm treated to a rare sight: a verdant, almost tropical, landscape. Visiting Kenya at this time of year, during the short

rainy season, brings the risk of storms and washed-out roads, and some camps close during the off-season, but there are rewards, too, from lower rates to fewer tourists. On this trip, I'm lucky. It rains infrequently, so the roads are clear, the days are dry and the vegetation hasn't grown so dense that it precludes clear sightings.

The **Oi Pejeta Conservancy** has two star attractions: a pair of surviving northern whites, both female, who seem oblivious to their celebrity status the morning I see them. The prehistoric creatures are lying on their bellies lounging like housecats beneath a bright Kenyan sun, cattle egrets standing on their backs. I admire them from afar, momentarily forgetting that I'm likely looking at ghosts. Although Oi Pejeta is working with scientists

above: White rhinos in Laikipia, previous spread; **An African elephant:** A stop in the bush at Rekero Camp near the Masai Mara National Reserve.

from around the world to develop creative fertility techniques to save the subspecies from extinction, the northern whites, pushed to the brink by people, may not flourish in their native habitat again.

Hope is all around them, however, in the form of black and southern white rhinos. After nearly going extinct at the start of the 19th century, southern white rhinos made an incredible comeback; they are now the most plentiful rhino species. And black rhinos, while deemed critically endangered, are increasing in number after dwindling from more than 800,000 in the 20th



PHOTOGRAPHS BY GURCHAN ROOPRA



century to about 2,400 in 1995. With more than 120 black rhinos within its well-guarded borders, Ol Pejeta is the largest black rhino sanctuary in East Africa.

The conservation hub provides refuge to another endangered animal not found in Kenya's wild, the chimpanzee. The **Sweetwaters Chimpanzee Sanctuary**, 150km from Nairobi, is home to 37 members of one of our closest wild relatives. As I tour the site, snapping photos of chimps grooming one another, I learn that Jane Goodall played a part in establishing Kenya's only chimp haven. When the Burundian Civil War of 1993 threatened a sanctuary in the country, Goodall looked for an alternative location offering long-term stability, finding it in Ol Pejeta. Although most of Sweetwaters' transplants came from other African countries, one of the newest residents, Manno, began his life in Middle Eastern zoos. After years of negotiation, Ol Pejeta and the Kenya Wildlife Service transported Manno from an Iraqi zoo threatened by armed conflict to his new home in Kenya. Manno's experience, like that of so many of the animals residing at Ol Pejeta, underscores that threatened species increasingly require hands-on support from conservationists.

Ol Pejeta also offers a traditional safari experience with the Big Five (African elephant, lion, rhinoceros, African buffalo and leopard) on display. Early morning game drives from the intimate **Kicheche Camp**, one of six lodges located in the 90,000-acre conservancy, introduce me to the wide variety of animals and landscapes found in Laikipia. There are dik-diks, tiny antelopes that live in monogamous pairs, and waterbucks, a large and regal antelope with shaggy hair. After several safaris focused on large mammals, I've turned my attention to birds.

Unlike lazy lions and grazing elephants, birds are always on the move. They offer exceptional variety of color, size and behavior. Like my mother, I've also taken up wildlife photography, and I love the challenge of photographing small birds moving at lightning speed. On this trip, I'm determined to take a picture of the striking lilac-breasted roller in flight—preferably doing the acrobatic maneuver for which the stunner is named.

Laikipia is a land of ranches-turned-private conservancies and small farms. Of these, the **Lewa Wildlife Conservancy** is the most famous, its status elevated by the fact that Prince William proposed to Kate Middleton while vacationing at the 61,000-acre property in 2010. Lewa is deeply rooted in conservation: In the 1980s, when black rhinos seemed doomed, British conservationist

Anna Merz and Kenyan cattle ranchers David and Delia Craig established a rhino sanctuary on the foothills of Mount Kenya. The breeding program was a success, and Lewa began sending rhinos to other locations, including Ol Pejeta, as conservationists revived depleted landscapes.

Lewa's rolling hills are part of a UNESCO World Heritage Site, and they are home to 14 percent of Kenya's rhinos and 11 percent of the world's Grévy's zebras—an endan-

CLOCKWISE FROM TOP LEFT: Lounging at Cottar's Safari Services' Bush Villa; The plunge pool at Borana Lodge; Viewing wild game at Rekero Camp; Animal cookies and ice cream at and beyond Bateleur Camp; A guide at Rekero Camp; A tent at Elwana Lewa Safari Camp; Giraffes; Cottar's Fly Camp; Tracking rhinos on the Borana Conservancy in Laikipia; Lewa Safari Camp pool; Zebras; Horseback riding at Lewa Safari Camp.



gered species also living at Ol Pejeta. It's the largest zebra on the planet and, unlike the commonly seen plains variety, Grévy's sport thin stripes.

Because it only admits 102 travelers at a time and prohibits more than two vehicles from stopping at an animal sighting, Lewa's safari-goers can rest assured that their experience won't be compromised by loud engines or gaggles of tourists.

In 2014, Lewa and neighboring conservancy Borana expanded the black rhino habitat by taking down the fences separating the two sites. Now, travelers visiting the Lewa/Borana landscape can choose from nine accommodation options. There's **Elewana Lewa Safari Camp**, whose profits go toward conservation and community work, and exclusive-use villas, such as **Borana's Lengishu House**, which sleeps 12 guests and comes with its own helicopter pad and pool.

There's only one thing in the world that gets me out of bed before 6 a.m., and it's an early morning game drive. I love watching the sun rise from the back of a Land Cruiser, wind whipping through my hair as I scan the horizon for animals on the move. Even when none appears, I feel free and at peace. It's like I'm a child again, exploring the Texas wilderness with my parents, content in the knowledge that the city and its myriad distractions are miles away.

But there's something to be said for breaking up traditional safari experiences, whether by spending a few nights in a city

or enjoying several lazy days at the beach. During my last trip to Kenya, I found variety (and stretched my legs) at the Rift Valley lakes.

Naivasha, one of the valley's only freshwater lakes, is a bizarre and enchanting place. Its banks are lush, with prolific water hyacinths that paint its waters green, but dead acacia trees dotting the lake's surface add a hint of melancholy to the scene. I can't help but picture the Namib Desert's Deadvlei, a white salt pan containing blackened acacia trees, which, like Naivasha, is a place of visual contrasts.

As we speed along in a small electric boat, I notice rippling in the water to my left: A hippo pops its head above the surface and glares at me. I've seen one too many YouTube videos of hippos chasing boats to enjoy the sighting and give the driver a look that screams, "Let's go!"

Naivasha contains diverse bird life, including 80 waterbird species and several raptors, such as the large Verreaux's eagle. However, on my afternoon visit, I spot only Egyptian geese and cormorants. I see more species at the next lake we visit.

Nakuru, which is part of an eponymous national park. It used to house hundreds of thousands of flamingos, but the lake has risen in past years, causing it to lose salinity (and, in turn, flamingos). After driving past buffalo, white rhino and endangered Rothschild's giraffes on our way to the lake's edge, we spot a few dozen

Nakuru, which is part of an eponymous national park. It used to house hundreds of thousands of flamingos, but the lake has risen in past years, causing it to lose salinity (and, in turn, flamingos). After driving past buffalo, white rhino and endangered Rothschild's giraffes on our way to the lake's edge, we spot a few dozen

BELOW, CLOCKWISE FROM UPPER LEFT: Bush walks at Cottar's spaza Camp; Tracking rhinos at Borana Lodge; Feeding time at Giraffe Manor; A newborn zebra watched by vultures; Bike riding at Cottar's; Tracking giraffes at Cottar's, opposite; Lipstick the lion at Maasai Mara.

flamingos wading through the shallows; however, with more than 400 types of bird in the park, Nakuru remains a birdwatcher's paradise.



Next on my itinerary is Kenya's most iconic wildlife destination, the **Maasai Mara National Reserve**, which is named for the country's best-known tribe. Its 250,000 acres include parts of the Serengeti ecosystem, and toward the end of summer, more than 1 million wildebeest and 200,000 zebras enter the Mara as they complete their annual migration from Tanzania. The event is globally unique: It's one of the last remaining large-scale animal migrations and the only one involving a high diversity of large animals.

Many travelers head to the reserve's vast plains between July and October hoping to see large herds of wildebeest and zebra on their perilous journey. Some choose lodges near the Mara River, like Little Governors' Camp, then set up their cameras and wait, hoping to capture a Nat Geo-worthy shot of thousands of animals wading through croc-infested waters. Years ago, I witnessed the migration on the Serengeti side in Tanzania, but I never saw a river crossing nor a kill. My memories are of large groups of wildebeest looking terribly confused.

If you can't travel to the Mara during the migration, don't fret: There's so much more to the reserve than migrating mammals. Year-round, the Mara houses large populations of numerous species, including the Big Five, though vast, wide open spaces mean that sightings may be harder to come by. As its name suggests, the Mara also is home to the Maasai, a semi-nomadic people who have lived in southern Kenya and northern Tanzania for hundreds of years. Although traditional Maasai culture is threatened by modernity, you will undoubtedly see herdersmen wearing bright red cloths (*shuka*)—a color believed to ward off lions. Most lodges offer village visits as well. They can feel contrived but allow you to glimpse a unique way of life while giving you the opportunity to financially contribute to communities living in and around the reserve.

The Mara also boasts some of Africa's longest-standing safari experiences. **Cottar's Safari Services** dates back to 1919 when founder Charles Cottar established one of the continent's first registered safari companies. An American, he moved to Africa after reading Theodore Roosevelt's accounts of hunting in East Africa, and it didn't take long for Cottar to become a key player in the hunting and, later, photo safari industry. After multiple brushes with death, he died following a rhino attack in the Mara, but his family carries the proverbial torch, with the fourth generation now running **Cottar's 1920s Camp** as well as the Bush villa and mobile safari.

AndBeyond Bateleur Camp is a newcomer, but the luxurious lodge is located beneath the hill featured in the final scene of *Out of Africa*, the Academy Award-winning film based on Karen Blixen's autobiography of the same name. It sits on the edge of the reserve, at the foot of the Olololo escarpment, and pays



homage to early safaris by adorning its luxe tent suites with framed maps and wooden trunks. As a fellow outsider who fell in love with Africa, I'm inspired by Blixen, who charted her own path in Kenya after emigrating from Denmark.

On the outskirts of Nairobi, I visit her former home, now the **Karen Blixen Museum**. It has been 40 years since my mother explored Kenya with her camera, and we are now doing so together. Ever since I could talk, I begged my parents to take me to the magical place I saw on the walls of their Texas home. We'd go to Africa soon, I promised, when my brothers and I were a little older, but the trip never materialized... until now. It's better this way, I later realize, for I'm old enough to appreciate the experience and the pleasure of traveling with my parents as an adult.

We tour Blixen's house at the base of the Ngong Hills, the epicenter of her coffee farm and the place where she wrote her memoir. Meandering through the bungalow, I imagine Blixen waiting for the return of her great love, English hunter Denys Finch Hatton (immortalized by Robert Redford in the film), after long stints in the bush. His tragic death in 1931 contributed to the author's decision to return to Denmark after nearly 20 years in Kenya.

From there, my parents and I head to the **The African Fund for Endangered Wildlife Giraffe Centre and Sheldrick Wildlife Trust Elephant and Rhino Orphanage**. I've long fantasized about checking into **Giraffe Manor**, where endangered Rothschild's giraffes are known to pop their long necks into the hotel dining room with hopes of stealing morsels from your plate. However, you don't have to splurge on an overnight stay to get up close and personal with the planet's tallest creature. The hotel is located on the grounds of the Giraffe Centre, where visitors can feed pellets to the animals by hand.

At first glance, the center is pure whimsy, the stuff that Instagram dreams are made of. But, like so **CONTINUED ON PAGE 60**



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Overcoming Avoidance

Men are far less likely than women to seek health care. The experts weigh in on how men can prioritize their health—and why dodging the doctor only makes things worse. **BY DAVID JARNSTROM**

Many men adhere to meticulous maintenance schedules on their cars, boats, motorcycles and guitars—even their lawn mowers and appliances. Yet some are hopeless when it comes to maintaining their own health.

Men are about half as likely to see a physician as women, says Donald Hensrud, M.D., director of the Mayo Clinic Healthy Living Program. And much of that avoidance is due to hardwired habits.

"Men like to handle things them-

selves rather than reach out and ask for help," says Hensrud, offering the analogy of refusing to ask for directions or, even less flattering, an ostrich with its head in the sand.

According to recent surveys, the top reasons men don't see a physician were fear of finding something wrong, avoidance of an uncomfortable examination and a busy schedule. "Some men use the approach of 'let's just give it time.' But for anything severe or unusual or persistent, a physician should be consulted as soon as possible," says Hensrud.

Cleveland Clinic urologic oncologist Ryan Berglund, M.D., says, "By the time something like prostate cancer becomes symptomatic, it's usually too late."

Here, men's health experts weigh in on how men can get—and keep—their health on track.

FIRST STOP: PRIMARY CARE

One of the reasons women tend to prioritize health maintenance more than men is that they fall into routines at an earlier age. Cervical cancer screenings start in the early 20s, while women who experience

pregnancy undergo regular prenatal tests and checkups. As a result, many develop long-standing relationships with a physician. "There aren't a lot of screening guidelines for young men," says Berglund, "so it's easy for them to not have a reason to go see a physician."

"Based on our surveys, only 42 percent of men go to the doctor when they fear they have a serious medical condition," Berglund says. He suggests that men should develop this relationship in their 20s to "establish baseline health—track vital signs and document important family history."

WHEN TO SEE A UROLOGIST

Urologists specialize in "below the belt" male health issues, though they also treat kidney and urinary problems that affect men and women. A urologist can perform a vasectomy and treat erectile

dysfunction, the latter of which, Berglund notes, often can be a harbinger of heart disease. "More than half of patients who get open-heart surgery or have a procedure to open up a blocked vessel develop ED beforehand," he says. "And almost two-thirds of patients who have a heart attack have ED."

Other symptoms that might lead to a urologist visit include blood in the urine, the most common symptom of bladder cancer. Bladder cancer is the fourth-most-common cancer in men, and men are four times as likely than women to get it. "About 20 percent of men who have visible blood in the urine will have bladder cancer," says Berglund. "If it gets ignored, it can blow up into a really bad situation."

Urologists also administer the digital rectal exam that many men have dreaded since the first time they saw *Fletcher*. While the exam

may feel awkward, avoiding it can prevent prostate cancer, the most common cancer—and the second-leading cause of cancer death—in American men. Berglund says most men can wait until they are 45 to 55 to get screened, though African-American men and those with a family history of prostate cancer may want to start earlier. "If you diagnose prostate cancer at an early stage and you watch it or treat it early on, the chance of dying of [it] is actually very low," Berglund says.

WORLDWIDE GASTROENTEROLOGIST

Colorectal cancer is the third-most-common cancer in men; it is also almost entirely preventable with proper screening. Around age 50 (45 for African Americans and those with a family history of colon cancer), men can expect their primary care physician to refer

RADON AND LUNG CANCER

Lung cancer is the second-most-common cancer in men and by far the No. 1 cause of cancer death in men. The American Cancer Society estimates 76,650 men will die from lung cancer in 2019, more than all the male deaths from prostate, colorectal and breast cancer combined. While smoking is the biggest risk factor (and a major risk factor for bladder and colorectal cancer), the second-leading cause of lung cancer, radon, might not be so obvious. Two experts from the Huntsman Cancer Institute—Wallace Akerley, M.D., director of thoracic oncology, and Judy Ou, Ph.D., cancer and environmental epidemiologist—reveal what you can do to prevent this silent killer.

What is radon and where can it be found?

WA: Radon is a naturally occurring byproduct of uranium. It's a radioactive gas that seeps up through the earth. It collects

in all houses, but reaches dangerous levels in some.

JO: The Rocky Mountain states, the Midwest and the northern part of the country are at the highest risk for testing high for radon, but any home could have high levels.

Why aren't we hearing more about it?

WA: In 2005, the Surgeon General issued a national health advisory on radon, but policy has remained stuck at the state level. A lot of states don't have mandatory testing policies relating to radon.

JO: If legislators felt the same way about radon as they did about smoking, the battle for awareness wouldn't be as difficult. The fact is that you can't see it, can't smell it, can't taste it. It's almost like convincing people that a ghost is giving them cancer.

Can you test for radon?

JO: You can get test kits for local at local departments of health or at hardware and home improvement stores. It's best to test in the peak of the winter, when all the windows are closed up, to reduce dilution. That's why January is Radon Awareness Month.

How much radon is harmful?

JO: Four picocurie, or pCi, per liter. That looks like a small number, but 4 pCi has been compared to smoking eight cigarettes a day for a whole year or having 200 x-rays in a year.

WA: Doing a radon test every year—more often if there has been new construction in the house or the neighborhood—should be a basic part of home maintenance for all men. It's one of the easiest and most effective things they can do for their health and for the health of their families.

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1	2	4	3

Easy Sudoku

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6	1	3	7	2	5	4	8	9
2	9	4	1	8	3	5	7	6
5	8	1	3	2	9	4	7	6
7	4	2	9	5	1	8	6	3
9	3	6	8	4	7	1	2	5
1	5	7	6	3	8	2	9	4
3	6	9	2	1	4	7	5	8
4	2	8	5	7	9	6	3	1

Hard KENKEN

2	5	1	4	6	3
6	3	5	1	2	4
4	2	6	3	5	1
3	6	4	5	1	2
5	1	3	2	4	6
1	4	2	6	3	5

Hard Sudoku

6	9	8	4	1	2	5	7	3
4	2	7	3	5	9	1	6	8
1	5	3	7	8	6	9	4	2
7	6	9	1	2	4	8	3	5
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3	8	2	6	7	5	4	1	9
9	1	4	8	6	3	2	5	7
2	7	6	5	9	1	3	8	4
8	3	5	2	4	7	6	9	1

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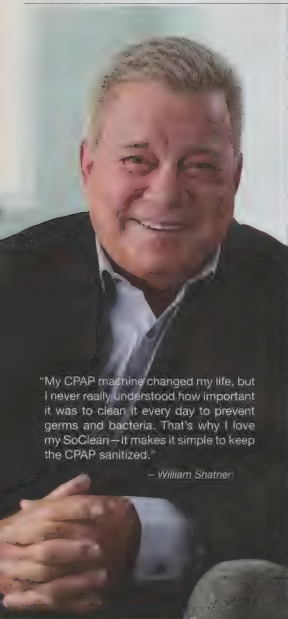
IN-DEPTH MEN'S HEALTH

them to a gastroenterologist for a colonoscopy. Another inherently unpleasant procedure, colonoscopies have gotten more palatable over the years. Most importantly, their success rate is remarkably high. "When you get a colonoscopy, you're not just screening for early cancer, you're actually preventing cancer altogether," says Mayo Clinic gastroenterologist Michael Wallace, M.D. He explains that a colonoscopy not only detects small precancerous polyps in the colon, but can remove them. "If a colonoscopy is done really well, you're close to 100 percent protected. We can almost completely eliminate colon cancer by just getting screened periodically," Wallace says. Colonoscopy is recommended once every 10 years or once every 5 years if small polyps are present. Wallace explains that the prep for the procedure—which involves consuming a laxative to flush the colon—has been streamlined, and patients can opt for a deeper sedative than in the past. "Every once in a while, we have to subject ourselves to embarrassing things to keep healthy," Wallace says.

WHEN TO SEE A SLEEP SPECIALIST

"Without sleep, your body is like a car that hasn't had an oil change," says Robert Lee, M.D. Lee, a psychiatrist, is the creator of the drug-free InstaSleep Mint Melts sleep aid. (It includes melatonin, which the body produces to regulate sleep cycles.) Lee says he conceived of the idea while working long hours and late nights during his residency program, where it was just as key to be alert the next day as it was to get a good night's sleep.

Men are 8 to 9 times more likely to be diagnosed with obstructive sleep apnea, a condition that causes breathing to stop and start during slumber. If left untreated, men not only suffer from excessive drowsiness during the day, they also have an increased risk of high blood pressure, heart attack and stroke. A sleep specialist can



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WHEN TO SEE A CARDIOLOGIST

Cardiovascular disease is the No. 1 killer of men and women in the United States. According to Seamus Whelton, M.D., M.P.H., a cardiologist at the Johns Hopkins Ciccarone Center for the Prevention of Cardiovascular Disease, the rate in men increases significantly in their 50s and 60s, compared to the 60s and 70s for women.

"That's when we see heart attacks and strokes, but the underlying stuff leading up to these events takes decades," he says. "It's a process that doesn't happen overnight." Genetics play a role, though Whelton notes that recent genotyping studies suggest a healthy

diet, lifestyle and exercise trumps DNA when it comes to heart health. "Even for people with a high genetic risk, healthy living can reduce your risk of having a clinical event like a heart attack or stroke by about 50 percent," he says.

A primary care physician will screen for cholesterol, high blood pressure and lipid disorders. A cardiologist or a primary care doctor may perform a computerized scan that checks for calcium in artery walls. "An average man might think about doing a scan in his late 40s. Somebody who has a strong family history of heart disease, say a man whose father had a heart attack at 40 or 50, can get screened earlier," says Whelton.

WHEN TO SEE AN ADDICTION SPECIALIST

The Hazelden Betty Ford Founda-

tion has rehab centers in seven states, offering multidisciplinary clinical care and evidence-based therapies while working to advance the fields of brain science and addiction research. Chief medical officer Marvin Seppala, M.D., explains that while genetics is a primary cause of addiction, usually about two-thirds of patients in treatment centers are males. "In the general population, addiction does seem to affect men more," says Seppala—and that's likely from cultural norms. "Men are expected to drink. Anything men do together there's often alcohol involved—golf, fishing, playing cards, watching sports."

Seppala says a primary challenge is that the majority of men don't identify their addiction as a problem. "The underlying issue is often a chemical imbalance in the brain where alcohol and drug use becomes so important that they don't want to blame [problems] on that," Seppala explains. "It's way more than denial; it's a shift in priorities in regard to how the brain functions."

Because of factors such as shame or denial, men also typically wait longer to get help. "Close to 90 percent of people enter treatment because somebody else forced the issue. A spouse, a family member, a friend—maybe even the courts or an employer," Seppala says. "Most don't pursue help because they wake up one day and realized they have a problem."

Seppala suggests that those who may be struggling, or those who love them, see a specialist. "Just like any other illness, you need to get an expert to help understand what it's really all about. It relieves that pressure as a spouse, friend or family member to get an expert involved. They can recommend the type of treatment—outpatient, residential or whatever you might need—and really help figure out what to do next." Visit hazeldenbettyford.org to start a screening. ▼

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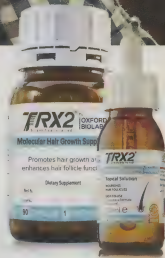
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out, makes it stronger, and helps your hair to grow. Hair loss products often promise a lot without delivering, but TRX2* is backed by cutting-edge science and has been thoroughly tested. According to the company's study, TRX2* works for 87% of men and women experiencing hair thinning. The results speak for themselves — average hair thickness increases 22.5% after nine months and 38.7% after 18 months*. TRX2* has helped over 20,000 men and women in 110 countries enjoy their hair again. TRX2* should be taken as early as possible in order to mitigate the risks of hair thinning from the onset. TRX2* is available both as a dietary supplement and a topical lotion, to fit easily into your lifestyle. The choice is now yours. If you are ready to enjoy healthy-looking, fuller and thicker hair, visit www.TRX2.com today and find your ideal hair growth solution. Prices start at \$61.95 per month and shipping is worldwide. Use the coupon code in the top right corner to receive a 10% discount on your new TRX2* supplies.



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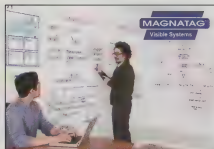
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ICONIC KENYA

CONTINUED FROM PAGE 71

many of the places I visit in Kenya, the Giraffe Centre has a higher purpose. The nonprofit started in the late '70s when a husband and wife duo launched a breeding program after learning about the plight of the subspecies. Because of their dedication, more than 300 giraffes have been released into secure reserves and conservancies after growing up in the Nairobi breeding program.

My time in Kenya is coming to a close when we make our way to the Sheldrick Wildlife Trust Elephant and Rhino Orphanage on the western edge of Nairobi National Park. For more than 40 years, the orphanage has rescued vulnerable animals—mostly orphaned elephant calves. Of the 244 elephants reared in Nairobi, 140 have returned to the wild in Tsavo National Park in Kenya's southeast. Daphne Sheldrick, who established the orphanage and managed it until her death in 2018, perfected elephant formula and developed a caregiving model that inspires rehabilitation efforts across Africa.

There are no animals in sight when we arrive at 5 p.m. It's eerily quiet, with only a few members of the staff milling around the grounds as we visitors stand and wait. Suddenly, animal keepers donning matching beige hats and green jackets appear holding giant bottles of milk. They spread out in a formation as if preparing for a football play. One of them points toward a dusty trail in the distance, where I soon see flapping elephant ears. Dozens of



Bush breakfast
at Cottar's.

baby elephants run up the trail in a straight line. When they reach the orphanage's main grounds, they splinter off, each one careening toward a keeper and his bottle of milk. The youngsters gulp it down greedily: After hours in the bush learning how to graze like wild elephants, they are eager for the predictable comfort of dinner before bedtime.

To witness this special evening ritual, you have to "sponsor" an elephant in advance of your visit. Alternatively, you can catch a glimpse of the orphans and their dedicated keepers between 11 a.m. and noon each day.

One of the smallest orphans ambles past me with a keeper, and I decide to follow them. They head into a semienlosed space that resembles a barn stall. Every elephant has its own room, complete with a mattress on the ground and wool blankets for chilly nights. To provide constant comfort (and frequent bottles of milk), keepers sleep above the orphans in raised beds.

Standing with my mom at the edge of the stall, I watch as the tiny elephant lies down on her mattress. Her keeper grabs a gray blanket, drapes it over her and gently pats her head before climbing into bed. We smile, feeling thankful, and quietly walk away. ▽

ADDITIONAL PHOTOGRAPHY CREDITS

Pages 58-59

The Imbiber: Gabor Kiss (The Morgan Hotel); Enda Cavanagh Photography (Jameson & Guinness); George Sweeney / Alamy Stock Photo (L. Mulligan Grocer); **History Buff:** Warren LeMay via Flickr (Christ Church); **Beyourbestz** via Wikimedia Commons (The Long Room); **Barry McCall** (Chapter One); **The Adventurer:** Donal Murphy Photography (The Market Hotel); Mark Henderson / Alamy (The Forty Foot); Sergei Gusev via Flickr (Killiney Hill); **Culture Geek:** Gaia Vittoria Marturano / Alamy Stock Photo (Number 30); Dave Sweeney (The Winding Stair); **age fotostock** / Alamy (National Museum of Ireland); **Foodie:** PhotoCuisine RM / Alamy Stock Photo (Cliff Townhouse); John Sullivan (Kaph); Tim Moore / Alamy (The Oak).

Pages 64-71 & 80

Pages 64-65: Gurcharan Roopra (elephant); © Asilia / Niels van Gijn (stop in the bush at Rekero Camp); **Pages 66-67:** Gurcharan Roopra (rhinos); **Pages 68-69:** Courtesy Cottar's Camp (The Bush Villa); © Borana Lodge (plunge pool); © Asilia/Niels van Gijn (wild game at Rekero Camp); and **Beyond/Dook** (cookies at Bateleur

Camp); © Asilia/Daniel Griffiths (in tree); Frederic Courbet/Elewana Lewa Safari Camp (tent); Gurcharan Roopra (giraffes); Dave Krugman (Cottar's Fly Camp); © Borana Lodge (tracking rhinos); Elewana Lewa Safari Camp (pool); Gurcharan Roopra (zebras); **Stevie Mann**/Elewana Lewa Safari Camp (Lewa Safari Camp); **Pages 70-71:** Courtesy Cottar's Camp (bush walks); © Borana Lodge (tracking rhinos); Robin Moore/The Safari Collection (feeding giraffes); Gurcharan Roopra (zebras); Courtesy Cottar's Camp (bike riding); Courtesy Cottar's Camp/Jodoe Debes (bike riding); Gurcharan Roopra (lion); **Page 80:** Courtesy Cottar's Camp (bush breakfast).

Pages 86-87

Music Lover: Nick Simonite (Hotel St. Cecilia); Spencer Selvidge (Watering Records); Stillcreek Photography (Bar Crawl); **Stylish Traveler:** Fairmont Austin; Courtesy of MMH (Clark's Oyster Bar); **Wannabe Texan:** Logan Crabbe (Barbecue); Fairmont Austin (Garrison); **Discerning Drinker:** Chase Daniel (Line Hotel); Kirsten Kaiser Photography (Kamut Tatsu-yu); **Hill Country Explorer:** Side B Productions (Garrison Brothers)

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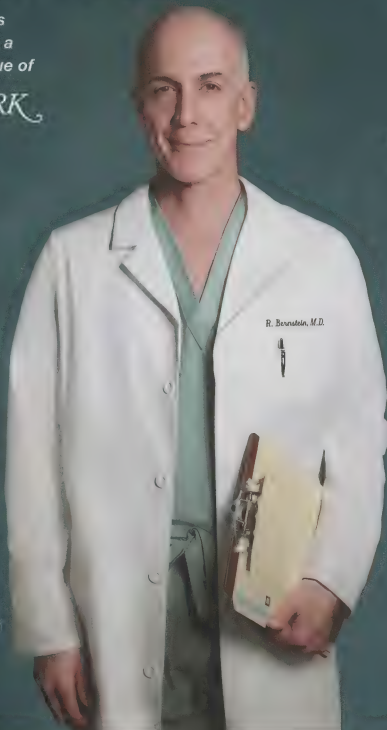
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Travel light (for less) with a simpler electric toothbrush

Your brain may be on vacation mode, but what about your packed-to-the-max carry-on? If you're like most travelers, you know every nook and cranny counts. That's why quip gives you the space-saving size of a manual with the guiding features of other electrics.

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The perfect carry-on
Slim and light with no typical electric bulk



No wires or charger
Replaceable battery lasts 3 months (not weeks)



Multi-use travel cover
Protects your bristles, doubles as a mirror mount

BLOOM

CONTINUED FROM PAGE 63

falling off a roof, broken ribs on the set of *The Lord of the Rings*. Is Philo's penchant for risking bodily endangerment on rooftops something Bloom shares with the character in real life?

He laughs. "The idea of taking unnecessary risks has subsided since I have had a child," he says. "I haven't really injured myself since I broke my back when I was 21." That injury was a wake-up call that forced him to more deeply consider what it meant to heal. He had been practicing Buddhist meditation since he was 16, but the back injury brought his sacred math into clearer relief. "It was almost like 'what goes up must come down,'" he says. "My philosophy became a science: You know, cause and effect, do good, get good." Being careful, for Bloom, became an intention, a creed, even when on a motorbike or filming a rooftop chase—or maybe especially when on a motorbike or filming a rooftop chase.

One of the biggest challenges to his health may have been more mental than physical, when the media hounded him during his early acting days. "I think it af-

fected my life a lot more dramatically in my crazy years, in my 20s," he says. "There was a time when I couldn't go anywhere; I had six paparazzi cars permanently stationed outside my house." He says all the attention had the perverse effect of leaving him feeling extremely isolated and alone—which is why he's so surprised that social media has been such a balm. "I started an Instagram account a couple of years ago," he says. "And what it did for me is to help me gather the reins a little bit." He says he used to have an undesired reputation as a playboy when in fact he was a serial monogamist. Now he uses social media to demonstrate who he actually is: the dorky dad singing along to every word of his fiancée's new song. "Never Really Over."

"I don't take myself too seriously," he says. When I ask him how he feels about the disparity between Katy Perry's 83.6 million Instagram followers and his own 2.6 million, he chalks it up to a generational thing. "She's nearly 10 years younger than me," he says. He swears that the two of them are never competitive while reminding me that at one point he

was one of the most Googled people on Earth. I ask about his new joint venture with Perry, which she recently broadcast to her nearly 84 million followers: The two of them recently invested in Bragg's Live Foods, the über-Californian purveyors of apple cider vinegar and amino acids. He says they're longtime users of the products. "I'm Capricorn," he says, "so I'm religious about the stuff." In fact, on one of their first dates, they both had brought their own bottles of murky water. "I looked and asked, 'What have you got in your water?'" Bloom says. When she revealed her answer, they both agreed that it must be the "universe having a sense of humor."

At 42, newly engaged and with a healthy 8-year-old boy and a new TV series, Bloom says he's happier than he's ever been: "I'm less attached to the outcome"—it's really easy to get attached to the outcome when you've been in a trilogy that won 17 Oscars—"but the trap is being attached to the outcome," he says. He hopes his new show will resonate. He hopes people will keep buying apple cider vinegar. He says he's got to get back to his trampoline. ▼



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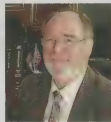
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Despachando



FOCO

MALUMA

Maluma es conocido por sus colaboraciones con famosos cantantes del pop, como Shakira y Ricky Martín y, además, el cantante colombiano tiene una gran trayectoria. En 2010, a la edad de 16 años, lanzó su primer sencillo. En 2013 fue nominado por primera vez al premio *Grammy Latino* y en 2018 lo ganó por el "Mejor Álbum Vocal Pop Contemporáneo". En mayo pasado lanzó su cuarto álbum *11:11*, con la colaboración de Martín y Madonna, donde mezcla elementos de reguetón, merengue y mambo con el pop y, como resultado, ha generado una gira mundial que se extenderá hasta noviembre. Nacido en Medellín con el nombre de Juan Luis Londoño Arias, Maluma destacó a su ciudad natal y sus habilidades para bailar chachachá al trabajar con Madonna en su reciente sencillo "Medellín".



YVR



JASON DOHRING Y LA CALLE ALBERNI STREET EN VANCOUVER

Veronica Mars ha regresado a la pantalla en su cuarta temporada después de quince años de debutar en 2004. Desde entonces ha habido una cancelación, una película y ahora un renacimiento en la cadena Hulu. En la última encarnación la detective espera resolver una serie de bombardeos en la ciudad ficticia de "Neptune", California. Su "intermitente" novio, "Logan Echolls" inter-

pretado por JASON DOHRING, acaba de regresar del servicio militar y se une al caso. En su primer encuentro el atractivo Echolls sale del océano en pantalones cortos al estilo James Bond. "Eran más cortos de lo que esperaba", dice Dohring, "pero todo salió bien". Evidentemente, la candente relación de una de las parejas más populares de la televisión ha regresado. — MATT MCCUE

Joe Fortes Seafood & Chop House

Mientras trabajaba en iZombie, Dohring pasó tiempo en Vancouver. "En este restaurante tienen ostras deliciosas y me comí 36 ostras por 36 dólares canadienses".

Stanley Park

"Puedes alquilar una bicicleta y recorrer todo el parque. Te demoras unos 40 minutos y puedes ver las montañas cubiertas de nieve".

The Keg Steakhouse + Bar

Esta cadena de lujo a menudo descrita como el "Chris Ruth de Canadá", es conocida por sus cortes de carne de res. "Es el lugar para ver la mejor carne canadiense".

Lions Gate Bridge

Este puente colgante tiene más de una milla de extensión a través del puerto de Vancouver. "Desde el puente puedes observar las focas nadando en el agua clara".



COORDENADAS

1 Joe Fortes Seafood & Chop House
777 Thurlow St.
joeportes.ca

2 Stanley Park
Parte norte de la calle Alberni St.

3 The Keg Steakhouse + Bar
1121 Alberni St.
kegsteakhouse.com

4 Lions Gate Bridge
Parte norte de la calle Alberni St.



JOSH SILVERMAN

► DIRECTOR EJECUTIVO DE ETSY [in](https://www.linkedin.com/in/joshuasilverman) [Inkd.in/joshuasilverman](https://www.linkedin.com/in/joshuasilverman)

Cuando se trata del comercio electrónico, cada vez hay solo un nombre para identificar esta práctica. Sin embargo, el auge de Amazon le ha dado a Etsy, un mercado en línea para productos artesanales y antigüedades, su razón para existir: "En la medida en que el mundo ofrece una sola alternativa, más anhela el antídoto", dice Josh Silverman, director ejecutivo desde mayo de 2017. Si Amazon es como la megatienda suburbana, Etsy es la boutique original de la ciudad. Silverman ve a la compañía como una respuesta a la producción en masa y la mercantilización conectando a fabricantes y consumidores y capacitando a los empresarios en su mayoría mujeres. "En este momento, cuando la automatización está cambiando la naturaleza del trabajo, Etsy nunca había sido tan influyente", afirma. "La creatividad no puede ser automatizada". —ISABELLE ROUGHOL

ROUGHOL: Te convertiste en director ejecutivo cuando Etsy tenía dificultades. ¿Cuál fue tu estrategia?

SILVERMAN: Creo que mi aporte a Etsy fue el enfoque. Acabar con las malas ideas es fácil y con frecuencia hablo sobre el mínimo de cosas vitales en relación con las muchas que valen la pena. Hay una lista larga de buenas ideas y si intentas poner todas en práctica no llegarás a ninguna parte.

¿Cómo animas a tu equipo?

Es importante que la gente mantenga una actitud realista frente a la misión. Hay 2.2 millones de vendedores que cada día cuentan con Etsy. A ellos les debemos el coraje y la convicción para enfrentar las cosas difíciles.

El comercio electrónico ha cambiado en los catorce años que Etsy ha estado presente. ¿Cómo te adaptas?

El mundo se está derrumbando alrededor de uno o dos centros de distribución que comercializan todas nuestras compras. Los consumidores se benefician porque hay productos básicos que se necesitan todos los días y solo los quieren baratos y con rapidez. Pero cuando quieres comprar algo único o demuestras que te preocupas por alguien, es cuando recurre a Etsy como alternativa.

Hay más mujeres trabajando en Etsy que en muchas de las empresas de tecnología. ¿Qué has hecho diferente?

La mitad de la junta directiva y la mayoría del personal ejecutivo está compuesto de mujeres. La tercera parte de los ingenieros son mujeres; estamos casi duplicando las estadísticas de otras compañías de alta tecnología. Ha sido un esfuerzo sostenido durante mucho tiempo. No existe una varita mágica. Necesitas contratar un excelente personal y debes crear un entorno en el que personas de diferentes orígenes puedan tener éxito, puedan progresar en sus carreras, aprender y mantener la motivación en el trabajo. ▽



AUS AUSTIN

POR MUY BUENAS RAZONES AUSTIN ES UNA DE LAS CIUDADES MÁS POPULARES EN ESTADOS UNIDOS
POR SARAH ELBERT

Los residentes de Austin no están sorprendidos porque su ciudad fue seleccionada como la tercera metrópoli de más rápido crecimiento en los Estados Unidos entre 2010 y 2017. Aunque quienes esperan "mantener la singularidad de Austin" pueden sentir que están perdiendo la batalla, otros están aprovechando las circunstancias para disfrutar de la excelente comida, la música innovadora, los hoteles elegantes, las cervezas artesanales locales y la energía juvenil que está atrayendo gente a la ciudad como abejas al panal. Si bien muchos visitan Austin para asistir a eventos como el festival "South by Southwest" en marzo o "Austin City Limits" en octubre, puedes participar en la cultura extravagante y vanguardista de la ciudad en cualquier época del año. ▼

AMANTES DE LA MÚSICA

ALOJAMIENTO ▶
Hotel Saint Cecilia
Cada una de las suites y bungalows al lado de la piscina en este hermoso hotel de la hotelera Liz Lambert es como un poema a los años 60 y 70. El estilo se asemeja a la época victoriana.
hotelsaintcecilia.com



VIAJA CON ELEGANCIA

ALOJAMIENTO ▶
Fairmont Austin
Encontrarás boutiques como Sunroom donde venden hermosas joyas y ropa femenina; ropa informal y jeans en *Stag Provisions for Men*; y regalos originales en *Parts & Labor*.
shopsunroom.com, stagprovisions.com, partsandlabourstore.myshopify.com



QUIERES SER TEXANO

ALOJAMIENTO ▶
Lone Star Court
Este hotel transformado en un hotel boutique en The Domain tiene lujosas habitaciones retro, fogatas y una piscina inspirada en los estancieros de Hill Country. Disfruta de la cerveza y la música en vivo en el bar *The Water Trough*.
lonestarcourt.com



BEBEDOR PECULIAR

ALOJAMIENTO ▶
The Line Austin
Este nuevo hotel tiene vistas al río Colorado y puntos de observación para ver a los murciélagos al atardecer en el puente en Congress Avenue Bridge. Tiene una piscina, tres restaurantes, habitaciones cómodas y obras de arte de artistas locales.
thelinehotel.com/austin



EXPLORADOR DE CAMPO

ALOJAMIENTO ▶
Hotel Ella
Localizado cerca de la Universidad de Texas, este hotel boutique fue uno de los lugares históricos de Austin. Ofrece una piscina bordeada de caballos, cuarenta y siete habitaciones refinadas y arte modernista en sus instalaciones.
hotella.com



EN LA MAÑANA ▶
Waterloo Records
Waterloo ha estado vendiendo discos desde 1982, antes de que se les llamara "vinilo". Visita el mercado Market District para encontrar un clásico álbum de Marvin Gaye o lo último de *The National*.
waterloorecords.com

PARA CENAR ▶
Güero's Taco Bar
No hay nada de que esperar cuando estás sentado afuera en el jardín Oak Garden saboreando una margarita y unos tacos al pastor mientras una banda local interpreta canciones. guelos.com



EN LA NOCHE ▶
Austin City Limits en vivo en el teatro Moody
Este espectáculo musical fue el inicio de uno de los festivales más famosos en los Estados Unidos. Asiste a una actuación en el teatro Moody donde *The Head and the Heart* y *Chicago* tendrán presentaciones este mes. acl-live.com

POR LA TARDE ▶
Museo y Jardín de Esculturas Umlauf
Disfruta de un tranquilo momento en este verde espacio cerca de Barton Springs y dedica tiempo para apreciar las esculturas de Charles Umlauf y otros artistas contemporáneos. umlaufsculpture.org



◀ HORA FELIZ ▶
Clark's Oyster Bar
Acércate a una de las banquetas en el mostrador para ver a los chefs en acción mientras quienes disfrutan de ostras las combinan con el perfecto vermouth suizo. clarksaustin.com

PARA CENAR ▶
ATX Cocina
Este elegante y espacioso lugar sirve comida mexicana moderna, como los tacos con carritas de pato, mojo cítrico y ensalada de cilantro, acompañada de cócteles artesanales o tragos de sus extensas listas de tequilas y mezcales.
atxcocina.com

EN LA MAÑANA ▶
New Boots
Para ser un verdadero tejano falso necesitas usar botas de vaquero. Las opciones fabricadas a mano en *Heritage Boot* no son baratas pero llamarán la atención. *Allens Boots* ha ofrecido una amplia selección por más de cuarenta años. heritageboot.com, allensboots.com



NOVA DE ALMOZAR ▶
Barbecue
Ve a *Franklin Barbecue* para una gran pechuga, a *McKleth* para las salchichas caseras, a *LeRoy and Lewis* para las mejillas de ternera ahumadas y a *La Barbecue* para más pechuga. franklinbbq.com, craftmeat-saustin.com, leroyandlewis.com, labarbecue.com



POR LA TARDE ▶
Barton Springs Pool
Esta popular piscina de unos 12 mil m² localizada en Zilker Park está alimentada por manantiales subterráneos que la mantienen durante todo el año con una temperatura entre 20 y 21°C. austintexas.gov/department/barton-springs-pool

NACIA EL MEDIODÍA ▶
Recorrido por cervecerías
Si Austin ha perfeccionado el arte de la barboaca, sus cervecerías rivalizan entre sí en esta industria. Algunas de las favoritas son *St. Elmo Brewing Co.*, *Oddwood Ales*, *Austin Beer Garden Brewing Co.*, *Austin Beerworks* y *Zilker Brewing Co.*



HORA FELIZ ▶
Péché
Regresa al pasado en este bar de absenta donde ofrecen una variedad de cócteles preparados con licores tradicionales y pequeños platos creativos que van desde frituras de hongos hasta carne caracoles.
pecheatx.com

POSTRE ▶
Prohibition Creamery
Helado artesanal + alcohol = el postre perfecto para los adultos. Elige entre los sabores de helados como la sangría, el chocolate con whiskey y la magia negra o comienza con un bourbon triple o un batido de saltamontes.
prohibitioncreamery.com



◀ PARA ALMOZAR ▶
The Salt Lick
Después de ordenar la pechuga y las costillas de cerdo, regresa al lugar donde la familia de Scott Roberts ha estado preparando carne para choparse los dedos en Driftwood, Texas, desde 1967. saltlickbbq.com

POR LA TARDE ▶
Jester King Brewery y Vista Brewing
Visita estas cervecerías en Hill Country y Jester King tiene un restaurante y ofrece recorridos por sus sesiones y seis hectáreas. *Vista Brewing* ofrece cerveza y comida en una hermosa granja en Driftwood. jesterkingbrewery.com, vistabrewingtx.com



POR LA NOCHE ▶
Grüene
En esta ciudad histórica compra una bebida en la tienda general, practica el baile en línea en *Grüene Hall*, el salón de baile más antiguo de Texas, y luego cena en *Gristmill*. gruenehall.com, gruenegeneralstore.com, gristmillrestaurant.com



SLC

GUÍA SOBRE ACTIVIDADES EN SALT LAKE CITY

Explora más allá de las atracciones usuales para experimentar la verdadera dimensión de la capital del estado de Utah. **POR ERIN MADSEN**

A ntes considerada como un lugar sin mucha importancia en el occidente de los Estados Unidos, Salt Lake City ha cambiado desde mis últimos viajes cuando iba a visitar a mi hermano (primero en 2005 cuando se graduó de la Universidad de Utah y luego cinco años después). Utah ahora está explotando. Desde 2010 el estado ocupa el primer puesto en cuanto a crecimiento, según la Oficina de Censos de los Estados Unidos, trayendo consigo un influxo de diversidad y modernización. Por lo tanto era lógico regresar, esta vez en la primavera, para visitar a mi hermano y reunir a nuestras familias en un fin de semana festivo.

En nuestro primer día decidimos ir a recorrer el sendero **Mount Olympus Hiking Trail** debido a que las recientes lluvias habían dejado otros senderos, como **Rattlesnake Gulch**, en malas condiciones. El sendero es muy famoso por su hermoso panorama de todo el Valle de Salt Lake, de la población de Holladay y el cañón Millcreek Canyon. La caminata es considerada difícil

debido a una pendiente empinada y poca sombra pero vale la pena por el increíble paisaje. Nuestros niños de 4 y 6 años disfrutaron mucho del paseo (unos cuantos dulces de recompensa funcionaron a la perfección).

Después de la caminata fuimos a Holladay, el hogar de algunas de las residencias más exclusivas de Salt Lake, para pasear por la calle principal y almorzar en **Taquería 27** donde ordenamos un tripo de guacamole, los tacos de pato confitado, las ensaladas de tacos con carnisas y deliciosas margaritas. Desafortunadamente nos perdimos la inauguración del **SoHo Food Park**, un restaurante al aire libre con cuatro a seis camiones de comida que rotan con frecuencia y cada año se localizan a lo largo de Holladay Boulevard desde abril hasta septiembre. La cultura y la población de Salt Lake City está arraigada en la fe mormona y gran parte de la ciudad cierra operaciones los domingos. Si tienes que hacer cosas en ese día verifica las horas de operación. Ese día aprendimos nuestra lección cuando tratamos de ir a un par de restaurantes que queríamos probar.

FERRANTE/ISTOCK/GETTY IMAGES PLUS (KUTV); MATT HASE, JEFF DANI ZION, VIST PARK CITY PARK CITY; CHRISTIE ARMBRISTER (TAQUERIA 27); RANDAL NELSON (MAPA)



¿DÓNDE IR A VER JUGOS?

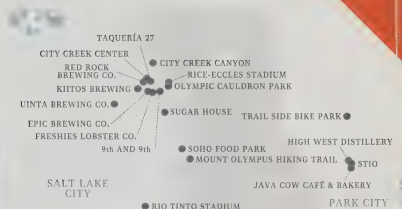
Salt Lake City cuenta con hermosos estadios. El equipo de fútbol americano **University of Utah Utes** juega en **Rice-Eccles Stadium** desde agosto hasta noviembre y está localizado en el vecindario Foothill. El **Olympic Cauldron Park**, con un caldero de cristal con más de tres metros de altura, está en la plaza sur del estadio. Si quieres ver un partido de fútbol profesional del equipo **Real Salt Lake** entre junio y octubre, tendrás que conducir unos veinte minutos hacia el sur hasta Sandy donde se encuentra **Rio Tinto Stadium** con capacidad para veinte mil aficionados. stadium.utah.edu, riotintostadium.com

¿CUÁLES OTROS PARQUES VISITAR?

Además de que Utah cuenta con "The Mighty 5" (los "cinco poderosos" parques nacionales de Arches, Zion, Bryce Canyon, Canyonlands y Capitol Reef), Salt Lake City también se encuentra a solo cuatro o cinco horas en auto de Yellowstone, Grand Tetons y Great Basin National Park considerado como un verdadero tesoro escondido. nps.gov

Dejando a un lado los horarios, hay algo para la mayoría de los visitantes en Salt Lake. ¿Te gustan las cervezas artesanales? Prueba las cervecerías **Uinta, Kiitos, Epic o Red Rock**. ¿Te gusta hacer compras? No te pierdas el magnífico y extenso centro comercial al aire libre **City Creek Center**, localizado al otro lado de la calle de Temple Square, o las tiendas de rebaja **Sundance y Patagonia** donde tienen excelentes ofertas de productos de alta calidad. ¿O que tal saborear mariscos frescos en medio del valle y desierto? **Freshies Lobster Co.**, con restaurantes en Salt Lake y Park City, fue elegido como el mejor para probar los rollos de langosta (el queso a la parrilla, con langosta y gruyere, también es increíble).

En el segundo día fuimos a **Park City** al sendero **Trail Side Bike Park** donde habían ciclistas de montaña en los senderos y dando saltos maestros teniendo como telón de fondo la bella vista del valle Deer Valley manchado de nieve, del Park Valley y las pistas para esquiar del centro vacacional **Canyons Resort**. A pesar de que es un viaje de 30 a 40 minutos a través del impre-



DE IZQUIERDA A DERECHA: Panorama de Salt Lake City; Parque Nacional Zion; Tacos en la Taquería 27; Caminata en Park City.

sionante Big Cottonwood Canyon, vale la pena visitar Park City para caminar en la calle principal. Saborea un cóctel (o compra una botella para llevar) en **High West Distillery** o prueba un helado casero en **Java Cow Café & Bakery**. Disfruta de una comida en uno de los muchos restaurantes que bordean la hermosa colina y luego visita tiendas como **Stio**, que ofrece accesorios para actividades al aire libre, cuya base está localizada en Jackson Hole.

En Salt Lake City hay variedad de vecindarios excelentes para explorar. **Sugar House**, uno de los barrios más antiguos de la ciudad, sigue siendo el lugar para encontrar tiendas locales únicas y artesanales. En **City Creek Canyon** hay un parque urbano con más de tres hectáreas y kilómetros de caminos para el ciclismo y las caminatas a lo largo de una cuenca hidrográfica. Terminamos nuestro viaje en el vecindario **9th and 9th**, donde disfrutamos de un almuerzo casero de pollo y gfores en **Pig & Jelly** far antes de volver a casa prometiendo que pronto regresaremos a Salt Lake City. ▽



UN VERANO FÁCIL Y FRESCO

Este delicioso almuerzo está envuelto a la perfección.

POR INGRID HOFFMANN

Con el calor del verano en su máxima expresión tiendo a preferir almuerzos frescos y ligeros y este pollo "Waldorf" envuelto en hojas de lechuga con salsa de nogada es la comida perfecta para el verano. A la ensalada Waldorf, una receta totalmente estadounidense que se prepara tradicionalmente con manzanas, apio, uvas y nueces con aderezo de mayonesa, le estoy dando un toque latino en este caso utilizando una salsa tradicional mexicana de nogada preparada con nueces y crema (yo utilizo crema agria baja en grasa para mantenerla ligera). Para agregar un poco de crujido, las envolturas se cubren con una ensalada de repollo. Me encantan las capas crujientes, frescas, dulces y saladas con texturas y sabores saludables. ¡Buen provecho! ▼

To read
this recipe
in English,
visit
deltasky
mag.com.

POLLO "WALDORF" ENVUELTO EN HOJAS DE LECHUGA CON NOGADA

PORCIONES: 6

Salsa nogada

- 1 taza de nueces tostadas
- $\frac{1}{2}$ taza de crema agria descremada
- $\frac{1}{2}$ taza de leche descremada (1%)

Ensalada

- 1 repollo pelado y rallado en una mandolina o en los agujeros grandes de un rallador y exprimido para secarlo
- 4 tallos de apio cortados en tiras finas con una mandolina o un cuchillo
- 2 cucharadas de jugo fresco de limón
- $\frac{3}{4}$ de cucharadita de sal kosher
- $\frac{1}{4}$ de cucharadita de pimienta negra recién molida

Pollo

- 2 libras de tiras de pollo cortadas en trozos de una pulgada
- $\frac{1}{2}$ cucharadita de sal kosher
- $\frac{1}{4}$ de cucharadita de pimienta negra recién molida
- 1 cucharada de aceite de oliva
- 1 taza de uvas rojas sin semillas cortadas por la mitad
- 1 manzana "Red Gala" sin cáscara, sin corazón y cortada en cubos de $\frac{1}{2}$ pulgada
- 12 hojas de lechuga mantecosa o francesa enjuagadas y secadas

1 Para hacer la salsa nogada muele las nueces, la crema agria y la leche en un procesador de alimentos utilizando el botón de pulso hasta que quede suave. Pásala a un recipiente pequeño. Cubre todo con un plástico y refrigera hasta que esté lista para servir.

2 Para preparar la ensalada mezcla el repollo, el apio, el jugo de limón, la sal y la pimienta en un recipiente grande. Cubre todo con un plástico y refrigera hasta que esté lista para servir.

3 Sazona el pollo con sal y pimienta. Calienta el aceite en una sartén grande antiadherente a fuego medio-alto. Agrega el pollo y cocina por unos 5 minutos revolviendo ocasionalmente hasta que esté dorado y cocido (lo que puedes comprobar al pincharlo con la punta de un cuchillo). Añade las uvas y la manzana y cocina por unos 5 minutos revolviendo ocasionalmente hasta que empiecen a ablandarse un poco.

4 Cuando vayas a servir divide la mezcla de pollo en partes iguales en cada hoja de lechuga. Cubre cada porción con la ensalada y una cucharada de salsa. Sirve de inmediato dejando que cada persona enrolle una hoja de lechuga para comer en forma de burrito.

SIDEBARS

WHAT'S NEW & NOW FROM THE PUBLISHER OF DELTA SKY MAGAZINE

Brand New Beach House Vibes in the Heart of Waikiki

The all-new Waikiki Beachcomber by Outrigger—the Outrigger brand's first lifestyle hotel in the center of Waikiki—recently opened with style and top-notch accents galore after a \$35 million modernization. Driftwood cedar, sea glass tiles, native puka stone, basalt lava rock and a lush, multistory green wall add to the hotel's curb appeal, while the interior features a "contemporary Hawaii beach house" theme with a coastal-inspired lobby and a revamp of all 498 guest rooms. Unique local art, an infinity-style hot tub overlooking Kalakaua Avenue and two lobby-level restaurants (Maui Brewing Co. and Hawaiian Aroma Caffè) sweeten the deal. To learn more and book your stay, visit outrigger.com or waikikibeachcomber.com.

DIMITRIOS KAMBOURIS



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♥ Cynthia (MN) "They really do work! I put 10:13 on 3 days in a row and my husband's behavior toward me changed! Amazing!"

♥ Ray (FL) "My wife had been uninterested in our marriage. I tried everything and decided to try 10X. I was skeptical but it's all reversed now! Those problems are gone. You are creating a great benefit, helping my marriage."

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wearealight.org



ALIGHT



30,000 FEET



THE DELTA EXPERIENCE

AUGUST 2019



BOARDING PASS

THE ART OF **VENICE**

VCE

For one of the more sincerely Venetian experiences, spend a day in Dorsoduro. One of six main *sestiere* (neighborhoods) in the city, this university district is filled with unpretentious eateries, stunning art galleries and vintage boutiques. Housed in a former aristocrat manor, the 29-key **Ca' Pisani Hotel** was the first design hotel in town and features art déco furnishings and décor throughout. Just next door sits an enormous collection of works by important Italian artists at the **Gallerie dell'Accademia di Venezia**. The museum anchors one end of the **Calle Nuova Sant'Agnese**. Stroll along this short pedestrian walkway for souvenir shops, cafés and smaller art galleries. Mingle under wine bottle chandeliers and local artwork at **Osteria Ai Pugnì**, where diners can wash down *cicchetti*—traditional small plates—with a vino from the huge wine menu.



IN THE SKY

BEHIND THE SCENES

AN EXPANDING GLOBAL NETWORK

NINETY YEARS AGO, DELTA's first passenger flight took to the skies. From an initial four stations with a fleet of just three aircraft, "The Airline of the South" would evolve into a global powerhouse. Today, 80,000 employees worldwide serve 200 million customers a year, providing access to more than 325 destinations in more than 55 countries—with no intention of slowing down.

"The next decade is going to see Delta developing into a trusted global consumer brand, with a strong international focus," says Delta's CEO, Ed Bastian.

In the past five years, Delta has grown its number of yearly international flights by roughly 17 percent. This year, it has launched several new routes, including Atlanta to Shanghai and Minneapolis-St. Paul to Mexico City. This December, customers will have access to Mumbai from New York/JFK.

The success of Delta's continued global growth also can be attributed to its dedication to providing exceptional international customer experiences.

"We have a culture of service that's in our

DNA, and our people love to serve people," says Bastian.

Over the past several years, Delta has led the industry on a number of customer solutions such as automatic check-in and bag tracking via the Fly Delta mobile app, more efficient automated screening lanes, significant enhancements to in-flight amenities and a groundbreaking app that helps Delta pilots avoid turbulence for a more comfortable flight.

One source of Delta's growth comes from its 25-year track record of partnering closely with airlines around the globe. Most recently, Delta—the only U.S. carrier to serve six of the seven continents—entered into joint ventures with Korean Air and Aeromexico and proposed a joint venture with WestJet. Additionally, Delta is strengthening its partnerships with Air France, KLM and Virgin Atlantic.

Going forward, Delta will continue to look toward the future with an eye on global expansion. As the airline's founder, C.E. Woolman, once put it: "Aviation's success can only be measured in its growing appeal to greater and greater numbers of customers."



DID YOU KNOW?

DELTA HAS BEEN NAMED AN HONOREE OF "THE CIVIC 50" BY POINTS OF LIGHT—THE WORLD'S LARGEST VOLUNTEER SERVICE ORGANIZATION—FOR THE SECOND CONSECUTIVE YEAR THANKS TO THE AIRLINE'S COMMITMENT TO COMMUNITIES AND DEDICATION TO SOCIAL RESPONSIBILITY.



HULU ON BOARD

Thanks to a brand-new partnership with streaming giant Hulu, Delta customers now will have access to free, award-winning Hulu Original content on board (think TV shows and movies including *The Handmaid's Tale*, *Marvel's Runaways*, *Shrill*, *The Mindy Project*, *Fyre Fraud*, *Castle Rock* and more). The deal is just one part of Delta's continued commitment to bringing customers the best in entertainment from the creators that they know and love. Hulu has become an industry leader through its original content, with more than 28 million subscribers. The new content will be in addition to the more than 3,000 free movies, TV shows and music options already available in all cabins on Delta flights worldwide. To see which Hulu Originals are available on board this month, go to page 98.

2018: CHRIS BANC/RANK STUDIOS (DELTA); SERVE (LEFT); JOHN PAUL VAN NEE/RANK STUDIOS 2019: DELTA; SERVE (RIGHT); JIM FARMER/DELTA (TOP); 2019: DELTA

BY THE NUMBERS

FIRST IN THE AIR: INDUSTRY LEADERS

1961

Delta files the world's first nonstop service from Atlanta to L.A.

1979

First airline to board 1 million passengers in one city in one month (Atlanta in August).

1996

First airline to offer in-seat power.

2011

First airline with mobile baggage tracking.

2018

Delta launches the first biometric terminal in the U.S.



1,000 Delta employees volunteering at a blood drive in the Norfolk International Airport. Above: A Delta employee gives blood at a Nashville International Airport drive.

DELTA SERVES

AMERICAN RED CROSS

THE AMERICAN RED CROSS is Delta's longest-standing not-for-profit partner. The relationship dates back to World War II when Delta employees held blood drives in the hangar in Atlanta—now home to the Delta Flight Museum.

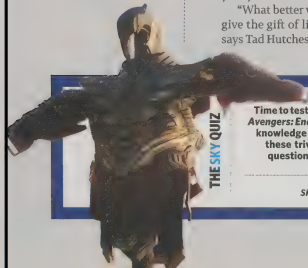
Delta is proud to be the largest corporate donor of blood in the United States. The airline collected 13,064 pints of blood at 254 blood drives across 44 locations in the past year, marking Delta's most successful donation year yet.

"What better way to give of yourself than to give the gift of life through donating blood?" says Tad Hutcheson, Delta's managing director

of community engagement. "Thank you to all the Delta people who make a difference and roll up their sleeves to give blood to help save lives all year long."

In addition to blood donations, Delta partners with the Red Cross as the title sponsor of its annual Sound the Alarm initiative, during which more than 120,000 smoke alarms were installed in homes throughout the country this past spring.

Delta's annual commitment at the \$1 million level as a member of the American Red Cross Annual Disaster Giving Program allows the Red Cross to respond at a moment's notice to help people affected by disasters big and small.



THE SKY QUIZ

Time to test your Avengers: Endgame knowledge with these trivia questions!

1 Avengers: Endgame is the fastest film to reach \$500 million worldwide gross. How many days did it take?

2 Thanos made his comic debut in *The Invincible Iron Man* #55 in February of what year?

3 To avoid plot leaks, only one person from the cast got to read the script of *Endgame* in its entirety. Who was it?

Sky Quiz answers plus more Avengers: Endgame info on the following pages. →



CONNECT TO WI-FI PORTAL

30,000 FEET

MAKE THE MOST OF YOUR TIME ON BOARD

MESSAGE, WATCH OR BROWSE

1 Before Takeoff

- To access Free Messaging during your flight, be sure to have the **iMessage**, **WhatsApp** or **Facebook Messenger** apps downloaded to your device.
- To stream free entertainment, download the free **Gogo Entertainment App** to your device.

2 Once On Board

- Turn your device to **Airplane Mode**



3 Once Wi-Fi Is Available

- Turn **Wi-Fi** on
- Select the **DeltaWi-Fi** Wi-Fi network



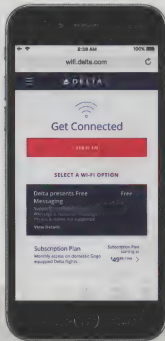
4 Launch Wi-Fi Portal

- Open your internet browser
- In the address bar, type **wifi.delta.com**



5 Connect, Watch And Enjoy

- **Free Mobile Messaging:** Message family, friends and colleagues (*photos and videos are not supported*)
- **Delta Studio:** Enjoy select movies and TV shows
- **Wi-Fi:** Send emails, check social media or browse the web on any of our Wi-Fi-enabled aircraft



簡訊、電、或瀏覽連接 Wi-Fi。1) 將您的裝置調整為飛行模式。2) 連接 DeltaWi-Fi 網路。3) 上 wifi.delta.com。● 訊息傳送選取。視頻、ブラウズには Wi-Fi 接続が必要になります。1) お持ちの端末を機内モードに設定。2) "DeltaWi-Fi" ネットワークに接続。3) wifi.delta.com に進む。● メールは写真、ビデオ、または動画を添付して送信できません。1) 飛行機モードに設定。2) "DeltaWi-Fi" ネットワークに接続。3) wifi.delta.com からアクセス。● Connect to Wi-Fi for email, messaging, social media or browsing: 1) Coloque su dispositivo en modo avión. 2) Conecte-se com a rede "DeltaWi-Fi". 3) Entre no portal wifi.delta.com. ● Conecte-se Wi-Fi para enviar mensagens, mirar o navegador. 1) Ponga su dispositivo en modo avión. 2) Conecte-se a la red "DeltaWi-Fi". 3) Visite wifi.delta.com



DELTA STUDIO

30,000 FEET

FREE ENTERTAINMENT

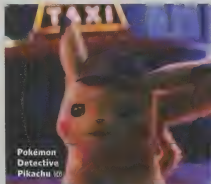
Delta Studio offers more than 3,000 **FREE MOVIE, TELEVISION AND MUSIC** options in all cabins on Delta flights worldwide.

NEW RELEASES

AVENGERS: ENDGAME

Stars Robert Downey Jr., Chris Evans, Mark Ruffalo, Chris Hemsworth, Scarlett Johansson, Jeremy Renner.

The grave course of events set in motion by Thanos that wiped out half the universe and fractured the Avengers ranks compels the remaining Avengers to take one final stand in this grand conclusion. **PG**



Pokémon
Detective
Pikachu **PG**



Little
Women **G**



Looper:
The Caddy's
Long Walk

→ THE SKY QUIZ ANSWERS continued from page 95: 1 3 days 2 1973 3 Robert Downey Jr.

FEATURED: HULU ORIGINALS NOW AVAILABLE ON BOARD



The Handmaid's Tale

Offred, one of the few fertile women known as Handmaids in the oppressive Republic of Gilead, struggles to survive as a reproductive surrogate for a powerful commander and his resentful wife. Watch the first three episodes of this Golden Globe- and Emmy-winning series on board now.



The Act

Gypsy Rose tries to escape the toxic relationship she has with her overprotective mother.



Castle Rock

This psychological horror series intertwines the characters and themes of Stephen King.



Fyre Fraud

A high-end music festival experience for the elite fails spectacularly.



Shrill

Annie tries to start her career while juggling bad boyfriends, a sick parent and a perfectionist boss.

MORE HULU ORIGINALS

- Into the Dark: New Year, New You (movie)
- Batman & Bill (documentary)
- Ask Dr. Ruth (documentary)
- Minding the Gap (documentary)
- The Mindy Project (Select episodes from season 4)
- Marvel's Runaways (Select episodes from season 1)
- Casual (Select episodes from season 1)
- Light as a Feather (Select episodes from season 1)

SKY KIDS



Missing Link

Mr. Link is on a journey to find his long-lost relatives.



UglyDolls

In Uggyville, weirdness and diversity are celebrated.



Wonder Park

An amusement park where the imagination comes alive.



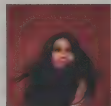
Daddy Day Care

Each month, Delta's Twitter followers vote for the movie they want to see on board. Follow @Delta to vote!



DELTA ARTIST SPOTLIGHT

Each month, Delta features musicians from all genres. Be sure to listen to their latest hits on board now.



Singer, songwriter, rapper, producer and classically trained flautist **LUZZO** has been working toward her incredible, star-making moment for a long time. Hear her first studio album on board now.

LISTEN ON BOARD:

- Juice
- Truth Hurts
- Cruz Love You
- Tempo ft. Missy Elliott
- Soulmate
- Like a Girl



Grammy-nominated rock band **SILVERSN PICKUPS** is known for hit songs "Tank Switch" and "Lazy Eye." Hear the band's latest album *Widow's Weeds*, produced by Butch Vig.

LISTEN ON BOARD:

- It Doesn't Matter Why
- Freakazoid
- Don't Know Yet
- Straw Man
- Bag of Bones
- Neon Wound

FEATURED FOREIGN FILMS



Todos lo Saben (Everybody Knows)

When Laura's daughter is kidnapped, a web of secrets is revealed.



七つの会議 (Whistleblower)

Tamio discovers that the company he works for is harboring a secret.



Qu'est-ce qu'on a encore fait au bon Dieu? (Serial (Bad) Weddings?)

A couples' daughters plan to leave France.



流浪地球 (The Wandering Earth)

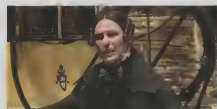
The sun is set to expand, and mankind works to propel Earth out of the solar system.

FEATURED TELEVISION



The Inventor: Out for Blood in Silicon Valley

A riveting look at the now-defunct company Theranos and its founder Elizabeth Holmes.



Gentleman Jack (S1)

Inspired by the true story of English landowner Anne Lister, this new HBO series is available on Delta flights now.



Game of Thrones (S8)

HBO's Emmy Award-winning best drama series returns for its eighth and final season. On board now.



2 Dope Queens (S2)

Jessica Williams and Phoebe Robinson bring their hit comedy podcast back to HBO, featuring more of the pair's hilarious insights.

dish

Free live satellite TV is available for all customers on more than 450 B737, B757, A319, A320 and A321 aircraft on flights within the continental United States and while over the Hawaiian Islands. Channel lineup is subject to change. Delta is not responsible for interruptions of service.

Closed Captioning, where available, is offered on a selection of seatback screens and Studio Streaming, noted to the right of each title and highlighted on the previous pages of Sky with the  icon. To turn captions on or off, touch the icon on your screen once your video starts. Currently available on all A319, A320, A321, B737-800ER, B777, most B767-300ER and some B757 and B737-800 aircraft.

spafax

Entertainment programming provided exclusively for Delta Air Lines by Spafax, 575 Anton Boulevard, Suite 1020, Costa Mesa, CA 92626, www.spafax.com



FLEET

AIRBUS A330-900NEO

In July, Delta launched its new medium-haul international aircraft, the Airbus A330-900neo. With an order of 35 planes—meant to replace the airline's current Boeing 767-300ER aircraft—the A330-900neo will initially be deployed on select routes connecting the United States' West Coast and Asia. The A330-900neo is an enhancement of Airbus' successful A330 family, featuring greater aerodynamic and economic efficiency. For Delta, this is the airline's first factory-delivered aircraft to feature the new four-cabin classes, with Delta One suites, Delta Premium Select, Delta Comfort+ and Main Cabin.



DELTA ONE SUITES

Using customer feedback, the Delta One suites have been redesigned to allow for a larger workspace and more stowage.

AERODYNAMIC IMPROVEMENTS

New composite Sharklet wingtips provide 13 more feet of wing span. The aircraft also features increased lift and less drag and fuel burn, reducing the travel carbon footprint.



ENGINES

The aircraft features the latest-generation Rolls Royce Trent 7000 engines.

30,000 FEET

ALL IN THE FAMILY

The A330-900neo is an enhancement of Airbus' successful A330 family, featuring greater aerodynamic and economic efficiency.

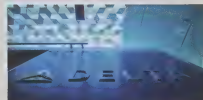


POWER AND ENTERTAINMENT

Customers have access to in-seat power outlets for easy electronic charging while in flight and on the ground, as well as thousands of hours of free seatback entertainment.

INTERIOR COMFORT

Delta's A330-900neo fleet will be the first in the company to be fitted with Airbus' new AirSpace interior. The comfortable environment offers wider seats, LED ambient lighting and larger overhead bins. Plus, seats in all cabins use memory foam cushions.



TECHNICAL SPECIFICATIONS

RANGE	8,285 MILES (13,334 KM)	WINGSPAN	210 FT / 0 IN (64.00 M)
CRUISE SPEED	535 MPH (861 KM/H)	TAIL HEIGHT	55 FT / 1 IN (16.79 M)
SEATS	281	LENGTH	208 FT / 8 IN (63.66 M)

ILLUSTRATION BY DON FOLEY



PASSENGER INFORMATION

PORTABLE ELECTRONIC DEVICES



ALWAYS PERMITTED*

You may use small cameras/mobile devices to take pictures on your flight. Always get consent from other passengers and crew members before including them. If a crew member asks you not to use your camera/mobile device, follow his or her instructions.



Pacemakers



Hearing aids



Tablets



E-readers



Wireless mouse, keyboard or other accessories



Cameras (digital, film, video)

If you lose your electronic device in your seat, please do not adjust your seat but ask a crew member for assistance.



CD players



Handheld games



Smartphones (in Airplane Mode)



Noise-canceling headphones



Media players

*Restrictions may apply when operating outside of U.S. Airspace. **NOTE:** Portable electronic device use on the ground, during takeoff and during landing should be limited to small, lightweight devices of less than 2 lbs. These devices should be able to be easily secured in a seat pocket and not impede emergency access to the aisle. **MOBILE DEVICE USAGE:** Mobile devices may be used at the gate, in flight when in Airplane Mode and secured in your hand or pocket and after landing as instructed by the cabin crew. **SPACE BATTERIES:** Spare lithium batteries are prohibited in checked baggage; however, portable electronic devices with lithium batteries not allowed can be checked. All spare batteries included in carry-on baggage must be in original retail packaging or individually protected to prevent short circuits (by taping over exposed terminals or placing each in a separate plastic bag). For tips on flying safely with battery-powered devices, visit airtravel.doh.gov. **PLEASE BE CONSIDERATE.** Please use headphones with portable electronic devices.



NEVER PERMITTED



Smoking¹



Cellular and VoIP services²



TVs



Personal air purifiers



Two-way radios or transmitters



Hoverboards and remote-control toys

¹No smoking, vaping, smokeless, chewing tobacco or charging or using e-cigarettes.

²Using cellular network services (voice or data) to make or receive calls during the flight is not permitted by U.S. regulatory authorities. The use of any Voice over Internet Protocol (VoIP) application—such as a web-based VoIP service—to make phone calls or video chat during flight, is prohibited by the Gogo[®] Inflight Internet Terms of Service and it is not allowed on any Delta flight. If you still have questions about the use of other portable electronic devices not shown here, ask a crew member for assistance.

Life Support and Medical Devices: Any USB and electrical outlets on the aircraft are exclusively for small personal electronic devices, including smartphones, tablets and laptops. To prevent equipment damage, please refrain from using USB and electrical outlets on the aircraft to charge and/or operate life support/medical devices.



Laptops



DVD players

CARRY-ON BAGGAGE



Stow carry-on items in overhead compartment or under seat. Items you need to access should be stowed under your seat.



Use caution when stowing items overhead.

Pets must remain in closed hard- or soft-sided carriers at all times.



In the event of an evacuation, leave all carry-on items behind.

30,000 FEET

SECURITY AND CUSTOMS

CLEAR[®]

CLEAR moves you through security in just minutes, every time. As a member, you can head to the CLEAR lane, scan your boarding pass and finger and go directly to physical screening. Through Delta's partnership with CLEAR, SkyMiles members can take advantage of exclusive pricing for CLEAR membership. Available at 30 airports. clearme.com/delta

TSA Pre[®]

TSA Pre[®] is an expedited security screening program for low-risk travelers who are departing from an airport within the U.S. For an \$85 fee, which is valid for 5 years, enrolled travelers enjoy a better travel experience by not having to remove shoes, laptops, liquids, belts or light jackets. Available at more than 200 airports. tsa.gov/tsa-precheck

Global Entry

Global Entry is a U.S. Customs and Border Protection (CBP) program that allows expedited clearance for preapproved, low-risk travelers upon arrival in the United States. For a \$100 fee, which is valid for 5 years, program members also receive TSA Pre[®] benefits. Available at more than 50 airports. cbp.gov

Automated Passport Control (APC)

APC is a CBP program that expedites the entry process for U.S. citizens/lawful permanent residents, Canadians, returning Visa Waiver Program and eligible Visa travelers through the use of self-service kiosks to submit their Customs declaration form and biographic information. APC is a free service and does not require preregistration or membership. Available at more than 40 airports. cbp.gov

Mobile Passport Control (MPC)

MPC is a CBP smartphone or tablet app that expedites the entry process for U.S. Citizen and Canadian travelers. Through the use of the app, travelers submit their Customs declaration form and passport information prior to CBP inspection. MPC is a free service, and its app can be downloaded for free from the Apple App Store or Google Play Store. Available at 26 airports. mobilepassport.us

International to International (ITI) Baggage

ITI Baggage is a CBP program that does not require travelers to claim their checked baggage for CBP inspection if the traveler is transiting the U.S. from one non-U.S. airport to another non-U.S. airport. This program is in a pilot phase and thus only available in select U.S. airports. Available at ATL and DTW.



WE NEED CLEAN WATER TO SURVIVE TOO.

CLEAN WATER ISN'T JUST ESSENTIAL TO THE COMMUNITIES WE SERVE. IT'S ESSENTIAL TO OUR BUSINESS. WHICH IS WHY FOR EVERY DROP WE USE, WE WORK TO GIVE ONE BACK TO NATURE THROUGH LOCAL WATER PROJECTS IN OVER 100 COMMUNITIES ACROSS THE COUNTRY.

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USA

#GOCACOLARENEW



FLIGHT FUEL + DRINKS

FLIGHT FUEL

Available on board North America flights of 900 miles or more and select Caribbean, Central America and Mexico markets. Flight Fuel products are not available on Delta Connection single-class aircraft.



CraveBox

Nabisco Original Wheat Thins, Goldfish® Crackers, Hornell® Hard Salami, White Cheddar Gourmet Cheese Spread, Pepperidge Farm® Dark Chocolate Milano®, Original Skittles®, Tic Tac® Freshmint



CrunchBox

Late July® Sea Salt™ Tortilla Chips, Naturally Fresh® Medium Salsa, Madi K's® Hickory Smoked Almonds, Toblerone® Swiss Milk Chocolate, Jack Link's® Original Beef Stick



TapasBox

Calbee® Harvest Snaps Snapea Crisps®, Crunchmaster® Original Multi-Seed Crackers, Endangered® Species Natural Dark Chocolate, Madi K's® Whole Natural Almonds, Vacaville Mediterranean Apricots, La Panzanella® Mediterranean Crackers, Tio Flavors Traditional Hummus, Rondelet Plain Cheese Spread



PinDrops

Delta Air Lines accepts credit and debit cards only for all onboard purchases. Delta Connection® flights with single-class service accept cash only. ATM cards are not accepted. Debit cards are only accepted if they bear a major credit logo.

Snacks

Sit back, relax and refuel with complimentary snacks on every flight of 250 miles or more.



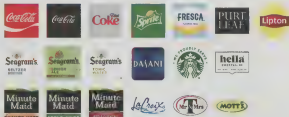
We apologize if your selection is not available on today's flight. Delta Connection single-class flights accept cash only. In First and Delta One® Cabins, all beer, wine and spirits are complimentary. For a complete listing of wines and champagnes available on Delta One, please refer to your menu or ask a flight attendant for today's selection. In Delta Comfort+® and the Main Cabin on select intercontinental and intra-Asia flights, all beer, wine

and spirits are complimentary. In Delta Comfort+® all beer, spirits and select wines are complimentary. On Boston/Chicago/New York City/Washington, D.C./Delta Shuttle® flights, all passengers will enjoy a selection of complimentary beer, wine and spirits. Allergen information for all food products is available from flight attendants upon request on Delta-operated flights departing from cities in Europe.

DRINKS

Enjoy complimentary beverages available on most flights of 250 miles or more.

Complimentary Beverages



HOT DRINKS

Starbucks® Coffee
Starbucks® VIA Instant
Decaf Italian Roast
Pure Leaf® Tea
Lipton® Black Tea

SOFT DRINKS

Coca-Cola® Zero Sugar
Diet Coke®
Sprite®

Fresca®

Kuats®

MIXERS

Hella Cocktail Co. Margarita
Mix
Mr. & Mrs.™ Bloody
Mary Mix
Seagram's® Ginger Ale
Seagram's® Sparkling
Seltzer Water
Seagram's® Tonic Water

JUICES AND BOTTLED WATER

Minute Maid® Apple Juice
Minute Maid® Cranberry
Apple Cocktail
Minute Maid® Orange
Juice
Tomato Juice
Bottled Water
LaCroix Sparkling Water®
Milk

Beer, Wine and Spirits

Alcoholic Beverages¹

Alcohol may be served only to customers 21 years of age and older. By FAA rule, we may not serve alcohol to customers who appear intoxicated. Only alcohol provided by Delta and served by flight attendants may be consumed on board. Alcohol served or purchased on board is to be consumed on board and cannot be removed from the aircraft.

WINE \$9

Red, white and sparkling

DOMESTIC BEER \$8

Miller Lite

SPECIALTY BEER \$9

Blue Moon®
Heinek®
SweetWater 420 Extra
Pale Ale¹

SPIRITS \$9

Bacardi Rum
Baileys Irish Cream
Bormbay Sapphire Dry Gin
Canadian Club Reserve
Whisky

Tequila Cazadores®

Courvoisier V.S.O.P.
Cognac¹
Dewar's Scotch
Finlandia® Vodka
Grey Goose Vodka¹
Jack Daniel's Tennessee
Honey¹

The Macallan 12 Year

Highland Single Malt
Scotch Whisky¹
Woodford Reserve®
Kentucky Straight
Bourbon Whiskey

Cranapple Finlandia Vodka cocktail, \$9

This refreshing libation fuses Minute Maid Cranberry Apple Cocktail and Finlandia, served over ice. (Grey Goose vodka available in Delta One on international routes.)



Delta Air Lines is proud to serve products from The Coca-Cola Company.

Delta recycles cans, plastic bottles and caps, newspapers and magazines on flights in several dozen airports around the U.S. Reusable from Delta's in-flight Recycling Program benefit Habitat for Humanity. Ask a flight attendant if recycling is an option on today's flight.

¹Not all beverages are available on all flights.
²Available on flights to and from Brazil only.
³Available on some international flights.
⁴Available in Delta One® International only.
⁵North America only.
⁶Available on most flights except Asia flights.
⁷Available in Delta One® International and Domestic



SKYMILES

30,000 FEET

JOIN THE #SKYMILESLIFE

Here are the top 3 reasons to join SkyMiles now at delta.com/enroll



1 FREE TO JOIN

Sitting on this flight right now and not earning miles? You're missing out. It's free to join this instant at delta.com/enroll.



2 MILES ARE GOOD FOR LIFE

That's right, your miles don't expire. Use them tomorrow or in a thousand tomorrows for flights, upgrades and more.



3 GET MORE MILES

Taken any Delta flights in the past nine months? You can get miles for those. Got flights coming up? Those, too. Once you're enrolled, we'll show you how.

LIVE THE #SKYMILESLIFE

Once you've earned those miles, it's time to use them to see the world.

1. **Search** endless experiences from your fellow travelers and plan your next trip at deltaskymileslife.com.
2. **Go** see for yourself, and use miles to book flights to places that inspire you.
3. **Share** your experiences by tagging #SkyMilesLife in posts for a chance to be featured and inspire someone else.

All SkyMiles program rules apply. To review the rules, please visit delta.com/memberguide. Other restrictions may apply. Offers, prices, rules and benefits subject to change without notice. By tagging your photos using #SkyMilesLife, you retain your rights to your photograph; however, you grant Delta Air Lines (and those they authorize) a royalty-free, worldwide, perpetual, nonexclusive license to publicly display, distribute, reproduce and create derivative works of the entries, in whole or in part, in any media now existing or later developed, for any purpose, including, but not limited to, advertising and promotion on www.delta.com and commercial products, including but not limited to #SkyMilesLife publications. Full terms available at deltaskymileslife.com.



ROUTE MAPS

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Book your trip today at Delta.com.



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THE GLOBAL NETWORK



KEY — Delta — Aeroflot — Aerolineas Argentinas — Aeromexico — Air Europa — Air France — Alitalia — China Airlines — China Eastern — China Southern — Czech



30,000 FEET



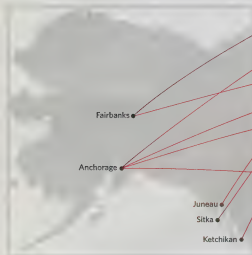
— GOL — Hawaiian — KLM — Kenya Airways — Korean Air — Seaborne — Shanghai Airlines — Transavia — Virgin Atlantic — Virgin Australia — WestJet — Delta Hub



ROUTE MAPS

UNRIVALED COVERAGE OF NORTH AMERICA

This year, Delta is adding even more nonstop service from Boston to Chicago, Cleveland and Washington, D.C.



KEY

— Delta

— Aeromexico

— WestJet

--- Future Service



Effective August 2019. Select routes are seasonal. Some future services subject to government approval. Flights are subject to change without notice.



ROUTE MAPS

NO. 1 TRANSATLANTIC NETWORK

Delta offers direct access to Europe through more American cities than any other domestic carrier.



KEY

— Delta — Aeroflot — Air Europa — Air France — Alitalia — Czech — Transavia — Virgin Atlantic — Future Service

30,000 FEET



Effective August 2019. Select routes are seasonal. Some future services subject to government approval. Flights are subject to change without notice.

To: Cape Town Johannesburg

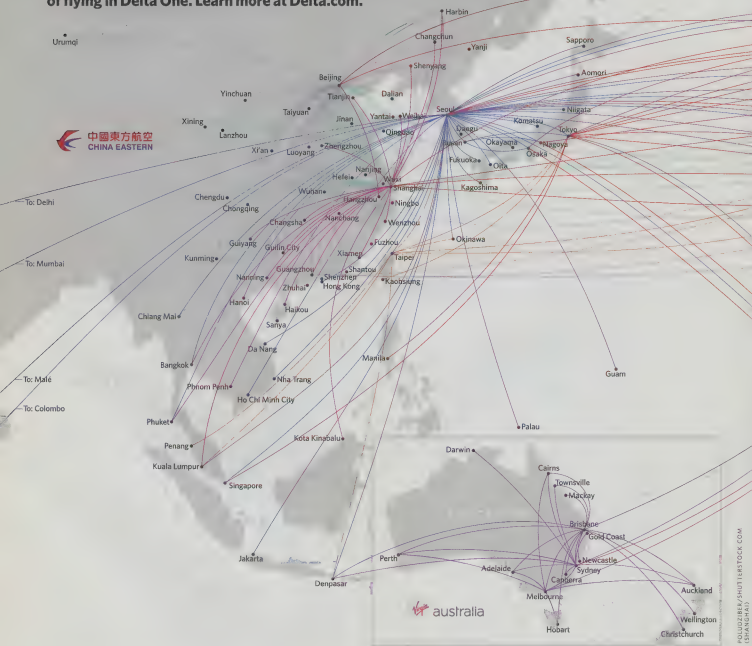


ROUTE MAPS

THE MOST COMPREHENSIVE TRANSPACIFIC NETWORK

Purchase seat upgrades using SkyMiles and experience the future of flying in Delta One. Learn more at Delta.com.

KOREAN AIR



KEY — Delta — Air France — China Airlines — China Eastern — China Southern — Hawaiian — Korean Air — Shanghai Airlines — Virgin Australia — Delta One

30,000 FEET



Effective August 2019. Select routes are seasonal. Some future services subject to government approval. Flights are subject to change without notice.



ROUTE MAPS

30,000 FEET

CARRIER OF THE AMERICAS





PARTNERS

30,000 FEET



SKYTEAM®

We are the face of seamless travel.

SkyPriority saves you time in more than 940 airports worldwide when flying on one of our member airlines. From fast-track check-in to first-on-belt baggage, SkyPriority leads the industry in airport priority services. Just follow the iconic red signs. Visit SkyPriority Finder on skyteam.com to learn more.

YOUR PRIORITIES ARE OUR PRIORITY

No one experiences travel better than our customers, so who better for us to turn to for help streamlining our services? It's easy to shape the experience of thousands of other SkyTeam travelers by rating your journey via the SkyPriority Panel app.

Not familiar with the app? Allow us to take you through the finer points. Available in 16 languages, the SkyPriority Panel app collects your feedback so we can make SkyTeam's priority service more seamless for all of our First, Business and Elite Plus passengers.

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Your feedback is valuable to us, so to recognize and reward contributors, you'll find a "Your Contribution" ratings system where you can see how many reviews you've submitted,

collect badges for reaching targets and compare yourself to other frequent flyers.

SkyPriority also gives you access to exclusive services at more than 1,000 airports worldwide. Services include priority check-in, priority bag drop, dedicated security lanes, priority boarding, your bag first on the belt and transfers where applicable. You can also get fast-tracked through immigration as a SkyPriority member.

With so many benefits, what are

you waiting for? The app is free and quick to download—simply head to your preferred app store and search for the SkyPriority Panel. Join us and help change the future of flying for the better.

SkyTeam's 19 member airlines work together across an extensive worldwide network to welcome customers on more than 14,500 daily flights to more than 1,150 destinations.

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Alitalia

CHINA AIRLINES

CHINA EASTERN

CZECH AIRLINES

DELTA

Garuda Indonesia

Kenya Airways

KLM

KOREAN AIR

MEGA

SAUDIA

TAROM

Vietnam Airlines

XIAMENAIR



BUILDING THE TERMINALS OF THE FUTURE

Delta is investing \$12 billion in game-changing airport infrastructure projects and introducing industry-leading technology to redefine travel with you in mind.



Hartsfield-Jackson Atlanta International Airport



DELTA DEPARTS FROM CONCOURSES T, A, B, C, D, E AND F

WALKING TIME

Gate T1 to F1 = 30 min.

GETTING THERE

Miles to city center: 10

By taxi: 20-30 min.

By bus: no bus

By train: 20 min.

Maynard H. Jackson Jr. International Terminal



KEY Airport Shuttle Airport Tram Baggage Claim Baggage Service Child Play Area Delta One Check In Food Court Help Center Main Check In

USE THE INTERACTIVE MAPS ON THE FLY DELTA APP TO EASILY NAVIGATE THE AIRPORT!



New York/John F. Kennedy International Airport

DELTA DEPARTS FROM TERMINALS 2 AND 4

WALKING TIME

Gate A3 to B55 = 20 min.

Gate B18 to B55 = 15 min.

GETTING THERE

Miles to city center:

15 miles to Midtown

By taxi: 40 min. - 2 hours

By bus: 1-2 hours

By train: 60 min.



New York/LaGuardia Airport

DELTA DEPARTS FROM TERMINALS C AND D

WALKING TIME

Gate C34 to D6 = 10 min.

GETTING THERE

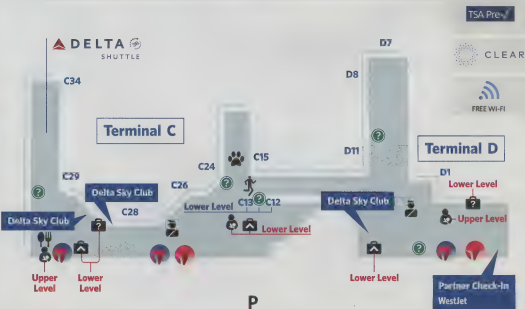
Miles to city center:

12 miles to Midtown

By taxi: 20-30 min.

By bus: 40 min.

By train: 40 min.



Moving Walkway Nursing Room Parking Partner Lounge Pet Area Public Transit Public Transportation Security Sky Priority Check In Transfer Desk



TRAVEL MADE EASIER WITH INDUSTRY-LEADING TECHNOLOGY

Empowering customers with seamless in-cabin connectivity, more efficient and high-tech automated screening lanes and biometric-based self-service.

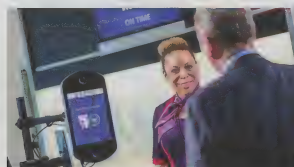
MSP

Minneapolis-St. Paul International Airport

DELTA DEPARTS FROM TERMINAL 1-LINDBERGH

WALKING TIME
Gate A14 to F16 = 22 min.

GETTING THERE
Miles to Minneapolis: 10
By taxi: 20 min.
By bus: 30 min.
By train: 25 min.
Miles to St. Paul: 9
By taxi: 16 min.
By bus: 20 min.
By train: 60 min.



BIOMETRIC BOARDING EXPANDS

Customers departing on most international flights from ATL, DTW, JFK, MSP and SLC can now choose to board using facial recognition technology. Simply approach the camera to have your image captured. Make sure to have your passport; you'll need it when you arrive at your destination. If you don't want to participate, tell the gate agent and use your boarding pass—plus passport—instead.

KEY Airport Shuttle Airport Train Baggage Claim Baggage Service Child Play Area Delta One Check In Food Court Help Center Main Check In

BOS

Boston Logan International Airport

DELTA DEPARTS FROM TERMINAL A

WALKING TIME
Terminal A to Terminal E = 15 min.

GETTING THERE
Miles to city center: 5
By taxi: 20-40 min.
By bus: 30-45 min.
By water taxi: 10 min.



DTW

Detroit Metro Airport

DELTA DEPARTS FROM McNAMARA TERMINAL

WALKING TIME
Gate A2 to A78 = 20 min.

GETTING THERE
Miles to city center: 20
By taxi: 30 min.
By bus: 90 min.
By train: no train

McNamara Terminal



Moving Walkway Nursing Room Parking Partner Lounge Pet Area Public Transit Public Transportation Security Sky Priority Check-In Transfer Desk



CREATING A SEAMLESS JOURNEY FROM CURB TO GATE

With enhancements for best-in-class check-in, faster gate-to-gate connections and an industry-leading customer experience, get ready for the next generation of terminals.

LAX

Los Angeles International Airport

DELTA DEPARTS FROM TERMINALS 2 AND 3

SHUTTLE TIME
T2 to T3 = 13 min.
T2/T3 to TB = 21 min.

GETTING THERE
Miles to city center: 18
By taxi: 40-45 min.
By bus: 65-80 min.
By train: 60 min.



BUILDING THE TERMINAL OF THE FUTURE NOW

Delta is investing \$1.9 billion into a reimagined Sky Way at LAX. The terminal enhancements will enable a seamless journey from drop off to takeoff, including a connector bridge between Terminals 2, 3 and Terminal B. delta.com/skywayatlax

KEY Airport Shuttle Airport Tram Baggage Claim Baggage Service Child Play Area Delta One Check In Food Court Delta Help Center Main Check In

30,000 FEET

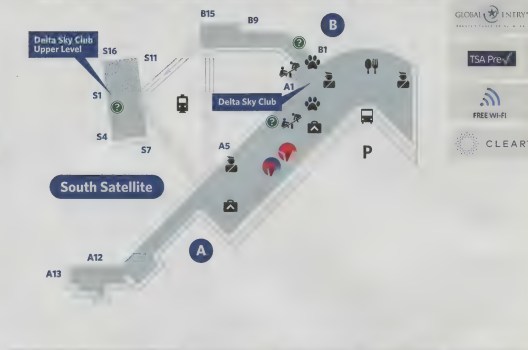
SEA

Seattle-Tacoma International Airport

DELTA DEPARTS FROM CONCOURSES A, B AND SOUTH SATELLITE

WALKING TIME
Gate A13 to B9 = 11 min.

GETTING THERE
Miles to city center: 13
By taxi: 30 min.
By bus: 60 min.
By train: 35 min.



SLC

Salt Lake City International Airport

DELTA DEPARTS FROM TERMINAL 1 AND 2

WALKING TIME
Gate G8 to E23 = 16 min.

GETTING THERE
Miles to city center: 6
By taxi: 15 min.
By bus: 25 min.
By train: 20 min.



Moving Walkway Nursing Room Parking Partner Lounge Pet Area Public Transit Public Transportation Security Sky Priority Check-In Transfer Desk



LARGEST U.S. AIRLINE ACROSS THE ATLANTIC

Delta offers nonstop service to 232 cities through our hubs in Amsterdam, London and Paris.

AMS

**Amsterdam/
Schiphol
International Airport**

**DELTA DEPARTS
FROM PIERS D AND E**

WALKING TIME
Gate M1 to B19 = 37 min.

GETTING THERE
Miles to city center: 9
By taxi: 30 min.
By bus: 25-40 min.
By train: 15-20 min.



Gates D57-87 and all gates on B and C piers are Schengen departure gates.



SELF-SERVICE BAG DROP AT LONDON HEATHROW AIRPORT

Delta and its partner Virgin Atlantic have partnered with London Heathrow Airport to offer self-service bag drop for flights at Terminal 3. This is the latest way the airlines are working together to ease the customer journey, helping customers check in for their flights quickly and efficiently.

KEY Airport Shuttle Airport Tram Baggage Claim Baggage Service Child Play Area Delta One Check-In Food Court Delta Help Center Main Check-In

30,000 FEET

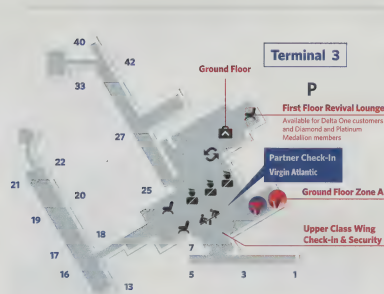
LHR

**London
Heathrow
Airport**

**DELTA DEPARTS
FROM TERMINAL 3**

WALKING TIME
Gate 1 to 42 = 25 min.

GETTING THERE
Miles to city center: 16
By taxi: 45 min.
By underground metro: 50 min.
By train: 15 min.



Self-service bag drop available in Zone A.

Arrival: eGates are now available for citizens of Australia, Canada, Japan, New Zealand, Singapore, South Korea and the United States.

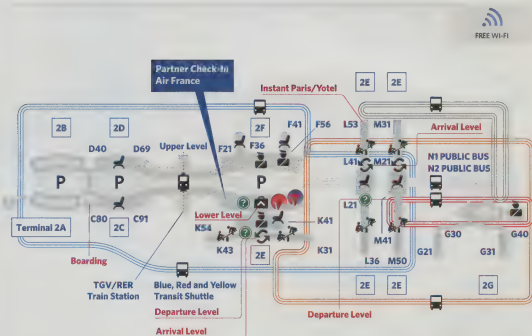
CDG

**Paris/Roissy-
Charles
De Gaulle
International Airport**

**DELTA DEPARTS
FROM TERMINAL 2E**

WALKING TIME
Terminal 2A to 2E = 18 min.

GETTING THERE
Miles to city center: 19
By taxi: 45-50 min.
By bus: 1 hour
By train: 45 min.



Moving Walkway Nursing Room Parking Partner Lounge Pet Area Public Transit Public Transportation Security Sky Priority Check-In Transfer Desk



AIRPORT GUIDES

WORLD-CLASS AIRPORT TERMINALS

This year, Delta began operating out of Incheon International Airport's brand-new, 1,260,000-square-foot Terminal 2 in Seoul.

PVG

Shanghai Pudong International Airport

DELTA DEPARTS FROM TERMINAL 1

WALKING TIME
Gate 5 to 25 = 18 min.

GETTING THERE
Miles to city center: 25
By taxi: 40-60 min.
By bus: 60 min.
By train: 60-70 min.



PEK

Beijing Capital International Airport

DELTA DEPARTS FROM TERMINAL 2

WALKING TIME
Gate 5 to 18 = 10 min.

GETTING THERE
Miles to city center: 18
By taxi: 40 min.
By bus: 60-80 min.
By train: 30 min.



ICN

Incheon International Airport

DELTA DEPARTS FROM TERMINAL 2

WALKING TIME
Delta check-in counter to Delta gates = 30 min.

GETTING THERE
Miles to city center: 30
By taxi: 50 min.
By bus: 60-90 min.
By train: 43 min.



NRT

Tokyo/Narita International Airport

DELTA DEPARTS FROM TERMINAL 1 NORTH

WALKING TIME
Gate 11 to 47 = 14 min.

GETTING THERE
Miles to city center: 45
By taxi: 90 min.
By bus: 100 min.
By train: 60-90 min.



KEY Airport Shuttle Airport Tram Baggage Claim Baggage Service Child Play Area Delta One Check-In Food Court Delta Help Center Main Check-In

ELEVATED TRAVEL EXPERIENCE

GOL's new VIP lounge in São Paulo-Guarulhos International Airport is available to Gold, Diamond and Platinum SkyMiles Medallion Members.

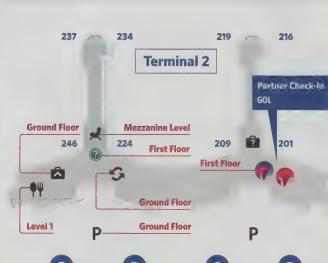
GRU

São Paulo-Guarulhos International Airport

DELTA DEPARTS FROM TERMINAL 2

WALKING TIME
Gate 216 to 246 = 30-40 min.

GETTING THERE
Miles to city center: 15
By taxi: 1-3 hours
By bus: 1-3 hours
By train: no train



MEX

Mexico City International Airport

DELTA DEPARTS FROM TERMINAL 2

WALKING TIME
Gate 52 to 62 = 5-10 min.

GETTING THERE
Miles to city center: 7
By taxi: 40-45 min.
By bus: 60 min.
By train: 50 min.



GIG

Rio de Janeiro/Galeão International Airport

DELTA DEPARTS FROM TERMINAL 2

WALKING TIME
Terminal 1 to 2 = 15-20 min.

GETTING THERE
Miles to city center: 13
By taxi: 50 min.
By bus: 60-90 min.
By train: no train



Moving Walkway Nursing Room Parking Partner Lounge Pet Area Public Transit Public Transportation Security Sky Priority Check-In Transfer Desk



WHO'S GAME?

30,000 FEET

A FEW HAPPY DISTRACTIONS

BRAIN TEASERS

See if you can solve these problems before your flight lands!

1

The price of a watch at a department store has been discounted 20 percent and then an additional 30 percent after the first discount was applied. Would the final discounted price have been lower if there had been a single discount of 50 percent?

2

How many three-digit whole numbers are exactly divisible by 9?

- a) 10
- b) 20
- c) 30
- d) 50
- e) 100

3

Bonnie's father has five daughters but has no sons. Four of the daughters are named Chacha, Cheche, Chichi, and Chocho. What is the fifth daughter's name?

- a) Chuchu
- b) Chocho
- c) Chuchy
- d) Chochoy
- e) none of these



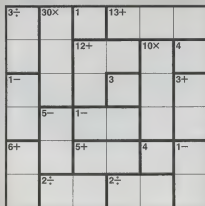
"In 1995, I had 7 bucks in my pocket and I knew two things: I'm broke as hell and one day I won't be." —Dwayne Johnson



"I can't watch *Titanic* without breaking down within the first 10 minutes." —Sophie Turner

Kenken

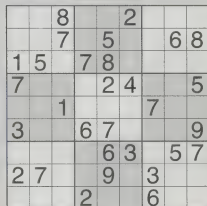
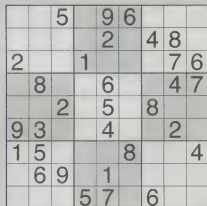
Answers on page 76



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Sudoku

Answers on page 76



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EASIER

HARDER

Rules for Kenken

- Each row and each column must contain the numbers 1 through 4 (easier) or 1 through 6 (harder) without repeating.
- The numbers within the heavily outlined boxes, called cages, must combine using the given operation (in any order) to produce the target numbers in the top-left corners.
- Freebies: Fill in single-box cages with the number in the top-left corner.

Answers:
1. (a)
2. (b)
3. (c) The fifth daughter is Bonnie herself.

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WHO'S GAME?

30,000 FEET

Across

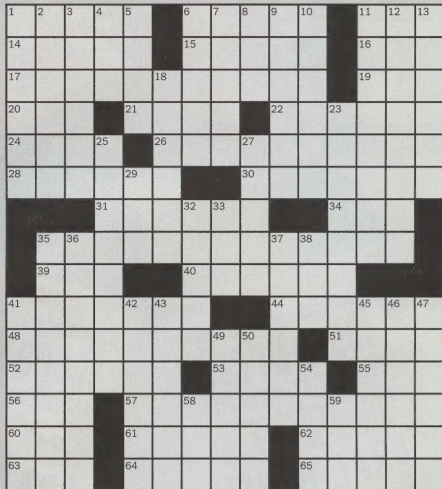
- 1 An ☹️ for an "I"?
 6 Mideast's Gulf of _____
 11 Swelling reducer
 14 Popped up
 15 Some bonds, for short
 16 Yule drink
 17 Was barely victorious, as in boxing
 19 Brooklyn Brown or Newcastle Brown
 20 Storage unit
 21 Diplomacy
 22 Hershey coconut bar
 24 Ravens
 26 Cole Porter song from *Kiss Me, Kate*
 28 Not for kids, say
 30 Acquires the film rights to
 31 Target numbers
 34 Saturn S.U.V.
 35 Baseball rarities nowadays... or a phonetic hint to the starts of 17-, 26-, 48- and 57-Across
 39 _____lacto-vegetarian
 40 More blue
 41 Ones who never listen to oldies?
 44 Big name in oil
 48 As something different to do
 51 Mediterranean tourist attraction
 52 Bo's h's quarters
 53 Oil or kerosene
 55 Bit of work
 56 Swear words?
 57 Opposite of "consumed daintily"
 60 Stephen of *V for Vendetta*
 61 Tender spots
 62 How many times the little hand goes around in a full day
 63 Strongman player on *The A-Team*
 64 Not quite a strike
 65 Possessed

Down

- 1 Where to order oysters
 2 Beethoven's Third
 3 Lift : elevator :: _____ : car hood
 4 Mil. morale booster
 5 On its way
 6 Gas brand with a torch in its logo
 7 World capital at 9,350 feet
 8 *Commonwealth* novelist Patchett
 9 Computer image file format
 10 Put into categories
 11 60 minutes from now
 12 Brewski
 13 Casts out
 18 Do beat work
 23 Everything, with "the"
 25 Forest giants
 27 Given medicine
 29 Do some voice work
 32 Actress Thompson
 33 "Caught ya!"
 35 Often-naïve reformer
 36 Garment left in a cloakroom
 37 Magazine with an Agency of the Year award
 38 "Zip-a-_____-Doo-Dah"
 41 Validate
 42 High-end Mercedes line
 43 Lonely place, so they say
 45 Substitute (for)
 46 How curry dishes are often served

EDITED BY WILL SHORTZ

Answers on page 76



PUZZLE BY ALAN ARBEVILG

- 47 Pestered
 49 A Lion, but not a Tiger, informally
 50 External appearance
 54 Jared of *Dallas Buyers Club*
 58 _____ of Good Feelings
 59 "So cute!"

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